1  
00:00:02,720 --> 00:00:03,080  
好了  
  
2  
00:00:03,280 --> 00:00:04,640  
同学们，呃  
  
3  
00:00:05,120 --> 00:00:09,000  
我们接着聊啊，接着看后头呢  
  
4  
00:00:09,160 --> 00:00:13,370  
他讲了两个茱萸汤啊  
  
5  
00:00:14,090 --> 00:00:16,370  
根据金匮原本啊，就是这个  
  
6  
00:00:17,010 --> 00:00:17,210  
呃  
  
7  
00:00:17,290 --> 00:00:19,130  
原本它里头叫猪鱼汤  
  
8  
00:00:19,970 --> 00:00:21,170  
但实际上呢  
  
9  
00:00:21,250 --> 00:00:25,640  
我们都知道他说的是无煮鱼汤啊到这  
  
10  
00:00:25,880 --> 00:00:32,430  
实际上仲景先师体系的四个注玉汤全部到位啊  
  
11  
00:00:33,070 --> 00:00:35,270  
头三个是在伤寒之中，没错吧  
  
12  
00:00:35,790 --> 00:00:35,990  
哎  
  
13  
00:00:36,030 --> 00:00:40,810  
咱们说阳明的所谓食骨与偶啊，哨音还有一个吧  
  
14  
00:00:41,470 --> 00:00:41,670  
哎  
  
15  
00:00:41,830 --> 00:00:43,990  
那么那么到厥阴还有啊  
  
16  
00:00:43,990 --> 00:00:45,510  
这刚呕吐前末后的那个我们  
  
17  
00:00:45,510 --> 00:00:46,630  
我们就不赘述了啊  
  
18  
00:00:47,110 --> 00:00:48,550  
那么都是这个物主义汤  
  
19  
00:00:48,790 --> 00:00:52,460  
但是跟它所区别的啊，哎  
  
20  
00:00:52,460 --> 00:00:56,020  
所区别的就是这个偶尔胸满者  
  
21  
00:00:56,700 --> 00:00:57,860  
朱萸汤主之  
  
22  
00:00:58,510 --> 00:00:58,710  
呃  
  
23  
00:00:58,790 --> 00:01:01,830  
实际上我在讲这个伤寒的时候啊  
  
24  
00:01:01,830 --> 00:01:04,430  
跟大家曾经聊过一个问题  
  
25  
00:01:04,870 --> 00:01:07,030  
我认为呢，吴茱萸汤的  
  
26  
00:01:08,790 --> 00:01:09,230  
核心  
  
27  
00:01:10,900 --> 00:01:15,620  
核心啊呃，就是四个字叫浊阴上逆  
  
28  
00:01:16,830 --> 00:01:17,430  
对不对啊  
  
29  
00:01:18,070 --> 00:01:22,110  
只是说为什么我们说伤寒金匮，它出现了四种啊  
  
30  
00:01:23,070 --> 00:01:24,510  
其实呃  
  
31  
00:01:24,870 --> 00:01:27,790  
我认为就是一种，就是专心上逆  
  
32  
00:01:28,150 --> 00:01:29,950  
只是他上逆的位置不同  
  
33  
00:01:30,980 --> 00:01:32,820  
你看，比如说在阳明的时候  
  
34  
00:01:33,220 --> 00:01:34,780  
食谷欲呕是在胃上  
  
35  
00:01:35,350 --> 00:01:35,550  
哎  
  
36  
00:01:35,550 --> 00:01:36,630  
从这儿往上上逆  
  
37  
00:01:37,150 --> 00:01:38,310  
呃，你等到呢  
  
38  
00:01:38,310 --> 00:01:42,230  
我们说这个这个手手足逆冷，烦躁欲死啊  
  
39  
00:01:42,680 --> 00:01:44,120  
那么为啥会烦躁欲死  
  
40  
00:01:44,120 --> 00:01:46,680  
我给了一个我自己的解释和认知  
  
41  
00:01:46,680 --> 00:01:47,800  
我在临床上也这么用  
  
42  
00:01:48,280 --> 00:01:49,440  
所谓烦躁欲死  
  
43  
00:01:49,440 --> 00:01:54,200  
我个人认为，无非是浊音从未上逆到了坎中  
  
44  
00:01:55,060 --> 00:01:58,460  
坦中者，臣使之官喜乐出焉  
  
45  
00:01:59,670 --> 00:02:02,390  
凡是坦中这个地方受病的人啊  
  
46  
00:02:02,510 --> 00:02:06,150  
你细琢磨，他都会有情绪经常崩溃的现象  
  
47  
00:02:07,230 --> 00:02:10,630  
都甚至产生自杀的心理啊  
  
48  
00:02:11,030 --> 00:02:15,350  
其实有的时候人想自杀是生理原因  
  
49  
00:02:16,170 --> 00:02:16,490  
对吧  
  
50  
00:02:16,490 --> 00:02:18,330  
我们一般都很避讳谈这个问题  
  
51  
00:02:18,330 --> 00:02:21,130  
但我只是从中医这个角度啊  
  
52  
00:02:21,530 --> 00:02:23,180  
去去聊一聊  
  
53  
00:02:23,660 --> 00:02:23,860  
呃  
  
54  
00:02:24,140 --> 00:02:25,900  
你避讳它也在发生  
  
55  
00:02:27,020 --> 00:02:27,700  
不要避讳  
  
56  
00:02:28,060 --> 00:02:30,730  
如果你真的想帮助大家  
  
57  
00:02:30,770 --> 00:02:33,810  
那么就去好好把东西学好，努力去做啊  
  
58  
00:02:33,850 --> 00:02:35,860  
而不是我们不看它啊  
  
59  
00:02:36,140 --> 00:02:37,500  
不是那样的，呃  
  
60  
00:02:37,660 --> 00:02:40,180  
你去你去琢磨一下啊，它是否有关  
  
61  
00:02:41,310 --> 00:02:43,150  
那么这个就跟这个偶尔胸满  
  
62  
00:02:43,670 --> 00:02:45,190  
他俩其实就合上了  
  
63  
00:02:45,430 --> 00:02:47,590  
所以我认为他是换了一个方法来表述  
  
64  
00:02:48,400 --> 00:02:53,040  
那再往上，我们说它从胸浊音是不是还能上逆啊  
  
65  
00:02:53,400 --> 00:02:54,080  
逆到哪了  
  
66  
00:02:54,080 --> 00:02:57,850  
你看下一条所谓第九条头痛了，对吧  
  
67  
00:02:58,330 --> 00:03:00,730  
干呕吐涎沫头痛那么颠顶啊  
  
68  
00:03:01,250 --> 00:03:03,010  
我们说足厥阴肝经啊  
  
69  
00:03:03,610 --> 00:03:08,610  
他本身的行走方向与督脉会于巅入络脑没错吧  
  
70  
00:03:09,050 --> 00:03:10,650  
那么你到这个位置之后  
  
71  
00:03:11,950 --> 00:03:13,830  
他肯定会头痛啊  
  
72  
00:03:13,830 --> 00:03:14,750  
那么就无助于汤  
  
73  
00:03:14,990 --> 00:03:17,030  
因此我们在临床中，你比如说高血压  
  
74  
00:03:17,940 --> 00:03:20,060  
见到虚寒的无助鱼汤就可用  
  
75  
00:03:20,820 --> 00:03:22,180  
呃，所以有的时候呢  
  
76  
00:03:22,180 --> 00:03:23,420  
我也在反思  
  
77  
00:03:24,000 --> 00:03:27,240  
我也在反思，这个我讲课呀  
  
78  
00:03:27,840 --> 00:03:31,900  
有我自己的风一贯的风格和和特点啊  
  
79  
00:03:32,460 --> 00:03:35,820  
呃，当然羊羔虽美可能也不咋美啊  
  
80  
00:03:35,820 --> 00:03:37,300  
但是众口肯定是难调  
  
81  
00:03:37,990 --> 00:03:38,270  
呃  
  
82  
00:03:39,270 --> 00:03:44,740  
我甚至一度在备课的时候想想过这个问题啊  
  
83  
00:03:44,740 --> 00:03:47,500  
就不行的话，我也去学学这个  
  
84  
00:03:47,940 --> 00:03:51,300  
咋去对应一下这个方正能对应的更好  
  
85  
00:03:51,740 --> 00:03:53,180  
但是后来我想了一个问题  
  
86  
00:03:53,180 --> 00:03:54,980  
我要那么做就有点假了  
  
87  
00:03:55,340 --> 00:03:57,900  
就是就是有点做作  
  
88  
00:03:57,980 --> 00:03:59,180  
就是这个这个这个  
  
89  
00:04:00,920 --> 00:04:04,370  
明明你不是那么用，你为了讲课  
  
90  
00:04:04,490 --> 00:04:07,730  
然后你还非得去再去再再再进修是吧  
  
91  
00:04:08,210 --> 00:04:09,210  
这个我觉得没必要  
  
92  
00:04:09,330 --> 00:04:11,040  
我觉得这个呃  
  
93  
00:04:11,160 --> 00:04:15,080  
当今啊，这个讲的蒋经芳讲的好的老师很多  
  
94  
00:04:15,490 --> 00:04:17,930  
说句实话啊，咱讲的还不好  
  
95  
00:04:18,089 --> 00:04:22,340  
那么可能有的时候个别的听众比较喜欢受欢迎  
  
96  
00:04:22,420 --> 00:04:25,380  
那么呃，咱也没强求谁来听啊  
  
97  
00:04:25,540 --> 00:04:26,500  
也也没收费  
  
98  
00:04:27,080 --> 00:04:28,080  
呃，之后呢  
  
99  
00:04:29,120 --> 00:04:31,040  
你要觉得不好，那你就略过去  
  
100  
00:04:31,440 --> 00:04:33,840  
但是我不会改变我自己的风格  
  
101  
00:04:33,840 --> 00:04:36,570  
因为我临床怎么看我就怎么讲啊  
  
102  
00:04:36,850 --> 00:04:38,050  
我临床上看病啊  
  
103  
00:04:38,570 --> 00:04:39,930  
很多时候色脉而已  
  
104  
00:04:40,010 --> 00:04:41,570  
就看他阴阳开合书  
  
105  
00:04:42,200 --> 00:04:43,760  
那我认为这个世界呢  
  
106  
00:04:43,800 --> 00:04:47,200  
之所以精彩，就是因为它本身就是多元化的  
  
107  
00:04:47,520 --> 00:04:49,600  
不一定所有人都得一样  
  
108  
00:04:50,210 --> 00:04:51,770  
而且所有人都一样呢  
  
109  
00:04:52,290 --> 00:04:53,890  
还真不一定都是真的  
  
110  
00:04:54,530 --> 00:04:57,250  
就这里头很有意思啊，就是呃  
  
111  
00:04:58,080 --> 00:05:00,400  
可能有的时候我的东西跟别人不太一样  
  
112  
00:05:01,560 --> 00:05:02,160  
但是呢  
  
113  
00:05:02,400 --> 00:05:04,280  
你从未来的时代来看  
  
114  
00:05:04,840 --> 00:05:07,290  
也可能还不是个坏事啊  
  
115  
00:05:07,410 --> 00:05:09,810  
什么样的人他也可能都有存在的道理  
  
116  
00:05:10,140 --> 00:05:12,900  
所以我在看病的时候就重视这个气机的升降  
  
117  
00:05:13,260 --> 00:05:14,500  
抓住这个东西之后啊  
  
118  
00:05:14,500 --> 00:05:16,460  
就是这个所谓气机的阴阳开合书  
  
119  
00:05:16,740 --> 00:05:19,040  
就是伤寒论里东西就没了啊  
  
120  
00:05:19,040 --> 00:05:22,570  
那么很多时候就你也会觉得很神奇啊  
  
121  
00:05:22,570 --> 00:05:23,970  
也很简单，呃  
  
122  
00:05:24,010 --> 00:05:26,740  
我们上周周六的患者吧  
  
123  
00:05:26,820 --> 00:05:28,540  
还是周六的复诊患者啊  
  
124  
00:05:28,540 --> 00:05:32,410  
有一患者第二次来上周来的前几天，呃  
  
125  
00:05:32,490 --> 00:05:35,050  
当时也是一个很怪的病，呃  
  
126  
00:05:35,470 --> 00:05:36,870  
你们应该印象很深  
  
127  
00:05:36,990 --> 00:05:38,630  
10年的顽固失眠对吧  
  
128  
00:05:38,990 --> 00:05:39,870  
还记得这个人吧  
  
129  
00:05:39,870 --> 00:05:40,630  
一个女患者啊  
  
130  
00:05:40,630 --> 00:05:42,260  
老患者带来的，呃  
  
131  
00:05:42,340 --> 00:05:43,300  
10年的顽固失眠  
  
132  
00:05:43,300 --> 00:05:45,540  
痛苦至极啊这个  
  
133  
00:05:47,590 --> 00:05:49,750  
用了各种这个对症治疗吧  
  
134  
00:05:50,190 --> 00:05:50,390  
呃  
  
135  
00:05:50,390 --> 00:05:51,680  
没啥效果，呃  
  
136  
00:05:51,800 --> 00:05:54,880  
中药反正也也尝试努力了啊  
  
137  
00:05:55,200 --> 00:05:57,280  
尝试努力了，但是他没改变  
  
138  
00:05:58,330 --> 00:06:00,250  
呃，到我这来之后呢  
  
139  
00:06:00,250 --> 00:06:03,610  
我看了卖相这个因为就是大上周首诊啊  
  
140  
00:06:03,610 --> 00:06:05,170  
你们印象都非常非常深  
  
141  
00:06:05,770 --> 00:06:07,950  
呃，我一大麦之后啊  
  
142  
00:06:08,590 --> 00:06:10,310  
这个我是想治失眠是吧  
  
143  
00:06:10,310 --> 00:06:11,910  
好，我看看咋回事啊  
  
144  
00:06:11,910 --> 00:06:13,390  
丹麦我就跟他说了一句话  
  
145  
00:06:14,320 --> 00:06:15,080  
给患者呢  
  
146  
00:06:15,160 --> 00:06:16,160  
吓一跟头啊  
  
147  
00:06:16,640 --> 00:06:19,240  
我说你这个病啊，是这样的啊  
  
148  
00:06:20,320 --> 00:06:20,600  
呃  
  
149  
00:06:22,490 --> 00:06:24,970  
多年前有一次啊  
  
150  
00:06:25,050 --> 00:06:28,010  
具体啥时候上课保护患者隐私我们就不说了  
  
151  
00:06:28,570 --> 00:06:30,350  
多年前，呃  
  
152  
00:06:30,350 --> 00:06:33,590  
但我当时告诉了他大概是哪一年什么时间  
  
153  
00:06:33,990 --> 00:06:38,270  
而且患者呢，后来反馈确实是那个时间段  
  
154  
00:06:40,460 --> 00:06:45,100  
集中地长期的半夜吃饭  
  
155  
00:06:45,140 --> 00:06:46,220  
而且吃得很多  
  
156  
00:06:47,530 --> 00:06:48,970  
造成了这个疾病的产生  
  
157  
00:06:49,690 --> 00:06:51,290  
女患者当时听完了之后呢  
  
158  
00:06:52,090 --> 00:06:53,410  
很震惊啊  
  
159  
00:06:53,410 --> 00:06:56,490  
他说，就那段时候他因为工作原因啊  
  
160  
00:06:56,570 --> 00:06:58,250  
为了养家糊口是吧  
  
161  
00:06:58,730 --> 00:06:59,290  
半夜呢  
  
162  
00:06:59,290 --> 00:07:01,370  
他那时候一个特殊的工作  
  
163  
00:07:01,970 --> 00:07:02,250  
呃  
  
164  
00:07:03,220 --> 00:07:04,540  
只能那个点吃饭  
  
165  
00:07:05,660 --> 00:07:06,540  
就是半夜啊  
  
166  
00:07:06,660 --> 00:07:08,980  
后半夜只能那个点吃饭  
  
167  
00:07:08,980 --> 00:07:10,620  
而且一吃吧，可能还吃挺多  
  
168  
00:07:11,790 --> 00:07:14,960  
之后就他就没把这事当回事  
  
169  
00:07:14,960 --> 00:07:17,200  
后来因为这工作已经已经调整过来了嘛  
  
170  
00:07:18,440 --> 00:07:20,960  
然后我就跟他讲了一个事啊  
  
171  
00:07:20,960 --> 00:07:21,760  
道理很简单  
  
172  
00:07:21,920 --> 00:07:22,520  
我们说  
  
173  
00:07:23,780 --> 00:07:24,900  
你这个吃饭啊  
  
174  
00:07:24,900 --> 00:07:25,860  
它是一种生物钟  
  
175  
00:07:26,460 --> 00:07:31,200  
是不是就是我们说阳明他要工作了，正常呢  
  
176  
00:07:31,400 --> 00:07:33,240  
下午申时啊哈  
  
177  
00:07:33,640 --> 00:07:34,720  
阳明工作的这个  
  
178  
00:07:34,720 --> 00:07:36,710  
这个这个这个时间，呃  
  
179  
00:07:37,270 --> 00:07:39,750  
所以中国古人吃饭是一天两餐  
  
180  
00:07:40,510 --> 00:07:41,710  
上午一顿，下午一顿  
  
181  
00:07:41,710 --> 00:07:42,590  
都这样啊  
  
182  
00:07:42,990 --> 00:07:45,000  
外国人也是，呃  
  
183  
00:07:45,640 --> 00:07:48,770  
那么直到工业革命之后呢  
  
184  
00:07:48,770 --> 00:07:51,170  
那资本家想法很聪明啊  
  
185  
00:07:51,170 --> 00:07:55,090  
说干脆中午吃一顿赠送你对吧  
  
186  
00:07:55,570 --> 00:07:57,850  
那工人就觉得也行  
  
187  
00:07:58,690 --> 00:07:59,290  
早上一顿  
  
188  
00:07:59,290 --> 00:08:01,130  
晚上一顿就变成一日三餐  
  
189  
00:08:01,530 --> 00:08:02,970  
但是到下午憋不过来劲  
  
190  
00:08:03,090 --> 00:08:05,030  
所以还得来个下午茶啊  
  
191  
00:08:05,070 --> 00:08:05,990  
就是这么过来的  
  
192  
00:08:06,470 --> 00:08:08,800  
那么生物钟是正常这么转  
  
193  
00:08:08,800 --> 00:08:11,920  
但是你强行每天晚上尤其后半夜给他吃饭  
  
194  
00:08:12,400 --> 00:08:15,280  
最后就造成了一个客观问题，怎么了呢  
  
195  
00:08:16,130 --> 00:08:18,530  
他一到晚上那个时候他就脾胃就想工作  
  
196  
00:08:18,890 --> 00:08:20,770  
因为你给他训练出来了  
  
197  
00:08:20,770 --> 00:08:22,490  
说白了人家没那么想  
  
198  
00:08:22,490 --> 00:08:23,610  
你给他训练出来了  
  
199  
00:08:24,430 --> 00:08:26,950  
结果他就跟我说了一个很神奇的事啊  
  
200  
00:08:26,950 --> 00:08:29,070  
他说那确实，我发现一个问题  
  
201  
00:08:29,430 --> 00:08:29,870  
大夫  
  
202  
00:08:31,450 --> 00:08:32,169  
特别有意思  
  
203  
00:08:32,210 --> 00:08:33,850  
我晚上睡不着的时候啊  
  
204  
00:08:34,250 --> 00:08:36,049  
我有一招能睡觉  
  
205  
00:08:37,190 --> 00:08:39,470  
吃点饭就睡着了  
  
206  
00:08:40,270 --> 00:08:42,590  
当时一吃完之后我们一屋人全乐了  
  
207  
00:08:43,799 --> 00:08:46,240  
那不就印证了我们这个推断对吧  
  
208  
00:08:46,520 --> 00:08:48,320  
当时我跟我学生说，我说这个呀  
  
209  
00:08:48,760 --> 00:08:50,160  
如果是刚得的时候  
  
210  
00:08:50,200 --> 00:08:52,240  
其实用个小成器是最好  
  
211  
00:08:52,550 --> 00:08:53,950  
但现在躲的时间太长了  
  
212  
00:08:54,830 --> 00:08:57,790  
嗯嗯，他已经入入入入脏腑啊  
  
213  
00:08:57,790 --> 00:08:59,350  
他不是说在在六腑呢  
  
214  
00:08:59,350 --> 00:08:59,990  
他入五脏  
  
215  
00:09:00,480 --> 00:09:02,360  
呃，也不是时政  
  
216  
00:09:02,480 --> 00:09:03,680  
他也有出现了寒化  
  
217  
00:09:04,440 --> 00:09:05,920  
学生说，那那那咋用  
  
218  
00:09:05,920 --> 00:09:08,760  
我说没事，成气猪鱼汤哈  
  
219  
00:09:08,760 --> 00:09:09,080  
对吧  
  
220  
00:09:09,200 --> 00:09:10,720  
这元芳是不是没没瞎说呀  
  
221  
00:09:10,720 --> 00:09:12,760  
哎，你看同学们当时都有印象  
  
222  
00:09:13,160 --> 00:09:15,440  
那么把这俩方捏一起效果怎么样啊  
  
223  
00:09:15,440 --> 00:09:18,360  
你别说光说的热闹，说的热闹没用啊  
  
224  
00:09:19,380 --> 00:09:19,820  
一周  
  
225  
00:09:20,860 --> 00:09:21,900  
呃，我忘了  
  
226  
00:09:21,900 --> 00:09:24,300  
他说是吃到第几天之后睡着的啊  
  
227  
00:09:24,700 --> 00:09:29,160  
但是肯定复诊的时候睡得很好了啊  
  
228  
00:09:29,200 --> 00:09:32,040  
这个有学生在，我不能瞎说啊  
  
229  
00:09:32,520 --> 00:09:32,720  
呃  
  
230  
00:09:32,880 --> 00:09:34,800  
瞎说，那等于自己打自己耳光  
  
231  
00:09:34,800 --> 00:09:36,640  
那自己找丢人自取其辱  
  
232  
00:09:37,010 --> 00:09:38,410  
那么你们当时印象很深  
  
233  
00:09:38,490 --> 00:09:39,810  
一周时间搞定啊  
  
234  
00:09:39,850 --> 00:09:41,290  
10年的那个那个失眠  
  
235  
00:09:41,650 --> 00:09:42,130  
当然了  
  
236  
00:09:42,130 --> 00:09:43,450  
后续他能否保持  
  
237  
00:09:43,770 --> 00:09:47,690  
还在于后续的不断的调整，和和和和调试  
  
238  
00:09:48,050 --> 00:09:49,850  
但是它说明了一个问题啊  
  
239  
00:09:50,210 --> 00:09:53,520  
脏腑六经气化的真实不虚，对不对啊  
  
240  
00:09:53,520 --> 00:09:55,160  
你就从一个阳名不降的问题  
  
241  
00:09:55,360 --> 00:09:57,400  
那么就衍生出了睡眠的障碍  
  
242  
00:09:57,630 --> 00:09:59,670  
那么你怎么能让他扬名去降  
  
243  
00:09:59,950 --> 00:10:01,750  
仲景先师有诸多方法  
  
244  
00:10:03,160 --> 00:10:07,720  
你细琢磨，在其精津液不足的有白虎之法对不对啊  
  
245  
00:10:08,160 --> 00:10:10,160  
已经伤了元气的有白虎加参汤  
  
246  
00:10:10,730 --> 00:10:12,890  
如果是光有虚热啊  
  
247  
00:10:12,890 --> 00:10:14,810  
它不是实热的栀子豉汤  
  
248  
00:10:14,970 --> 00:10:16,870  
可以为可以效法对吧  
  
249  
00:10:17,230 --> 00:10:21,270  
如果是有实证的，又有三成其汤之加减对吧  
  
250  
00:10:21,590 --> 00:10:25,990  
兼太阴气虚的还可以用伤寒论65条的厚朴、生姜、半夏、甘草之神  
  
251  
00:10:25,990 --> 00:10:29,240  
当纯虚寒的可以用无煮鱼汤  
  
252  
00:10:30,040 --> 00:10:32,400  
有湿热的可以用阴沉好汤  
  
253  
00:10:33,100 --> 00:10:35,460  
兼表证的麻黄连药赤小豆汤  
  
254  
00:10:36,220 --> 00:10:36,700  
对不对啊  
  
255  
00:10:37,060 --> 00:10:40,580  
有有湿而有热而有实的栀子薄皮汤  
  
256  
00:10:41,860 --> 00:10:42,180  
对吧  
  
257  
00:10:42,540 --> 00:10:49,230  
煎邵阳的大柴胡汤圆机活法非常的灵活  
  
258  
00:10:49,590 --> 00:10:52,430  
那如果说大柴胡里头又兼津液不足呢  
  
259  
00:10:53,150 --> 00:10:55,590  
六朝绅士大柴胡汤，哎  
  
260  
00:10:55,630 --> 00:10:58,830  
这个东西你我认为你怎么能把病看好  
  
261  
00:10:59,340 --> 00:11:00,860  
对伤寒，对金桂杜古  
  
262  
00:11:00,980 --> 00:11:01,900  
对古经方啊  
  
263  
00:11:02,180 --> 00:11:05,750  
你就像要了解你的五个手指头那样  
  
264  
00:11:05,950 --> 00:11:08,510  
就像你回家的路一样熟悉  
  
265  
00:11:09,590 --> 00:11:11,630  
你一定能把它用好啊  
  
266  
00:11:12,750 --> 00:11:13,990  
来龙去脉是不是  
  
267  
00:11:14,230 --> 00:11:15,470  
哎，一定能把它用好  
  
268  
00:11:16,230 --> 00:11:18,110  
呃，那么这个就是无注一汤的用法  
  
269  
00:11:18,110 --> 00:11:20,990  
所以你让我说哪些指征是无助于汤证  
  
270  
00:11:21,630 --> 00:11:24,820  
嗯嗯，树能力有限啊  
  
271  
00:11:24,820 --> 00:11:27,220  
这个你你你你可以多多参考吧  
  
272  
00:11:27,220 --> 00:11:28,340  
但是我这讲的呢  
  
273  
00:11:28,860 --> 00:11:32,770  
呃，可能这个跟人的自己的性格啊也有关系  
  
274  
00:11:32,770 --> 00:11:33,890  
我喜欢看病啊  
  
275  
00:11:34,050 --> 00:11:35,050  
就是单刀直入  
  
276  
00:11:35,050 --> 00:11:37,420  
一针见血，就是一下两下  
  
277  
00:11:37,620 --> 00:11:42,220  
完事你说你再让我跟他对打10分钟在擂台上啊  
  
278  
00:11:42,740 --> 00:11:43,900  
哎，不许把他打倒  
  
279  
00:11:44,650 --> 00:11:46,450  
必须坚持10分钟啊  
  
280  
00:11:46,610 --> 00:11:47,490  
具有观赏性  
  
281  
00:11:47,530 --> 00:11:48,910  
这个咱没有啊  
  
282  
00:11:48,910 --> 00:11:51,750  
咱上来之后往往就是一下两下对吧  
  
283  
00:11:51,870 --> 00:11:52,830  
一二解决  
  
284  
00:11:52,990 --> 00:11:57,790  
完事你要觉得，哼这种好玩儿啊  
  
285  
00:11:57,910 --> 00:11:58,870  
那么有意思  
  
286  
00:11:59,430 --> 00:12:02,700  
你就得按照我的思路去去学啊  
  
287  
00:12:02,700 --> 00:12:05,540  
最后能成这个，就像我刚才那堂课讲的  
  
288  
00:12:05,900 --> 00:12:08,380  
我家那个那个我朋友家小孩，对吧  
  
289  
00:12:08,820 --> 00:12:10,140  
那个那个那个那个外感  
  
290  
00:12:10,660 --> 00:12:10,860  
哎  
  
291  
00:12:11,020 --> 00:12:12,420  
摸摸手腕一下  
  
292  
00:12:12,860 --> 00:12:13,540  
完事，儿了  
  
293  
00:12:14,220 --> 00:12:16,340  
你如果不这么玩儿，那就精彩了  
  
294  
00:12:16,580 --> 00:12:17,420  
你就等着吧  
  
295  
00:12:17,960 --> 00:12:18,600  
你也别摸  
  
296  
00:12:18,600 --> 00:12:20,200  
等着它诶，三天准咳嗽  
  
297  
00:12:20,440 --> 00:12:23,360  
然后你就撵撵他咳嗽去治去，对吧  
  
298  
00:12:23,360 --> 00:12:24,400  
苓桂五味甘草汤啊  
  
299  
00:12:24,960 --> 00:12:26,160  
不是说这方不好啊  
  
300  
00:12:26,670 --> 00:12:27,430  
我讲的啊  
  
301  
00:12:27,430 --> 00:12:28,270  
我可没说这方不好  
  
302  
00:12:28,270 --> 00:12:29,830  
我说的是思路的问题  
  
303  
00:12:29,830 --> 00:12:30,910  
哪张方都是好方  
  
304  
00:12:31,550 --> 00:12:32,790  
但你有没有好思路  
  
305  
00:12:33,290 --> 00:12:34,330  
好听懂我的意思了吧  
  
306  
00:12:34,570 --> 00:12:36,980  
你追着咳嗽，也可能追着追着  
  
307  
00:12:36,980 --> 00:12:38,220  
慢慢的又阴虚了  
  
308  
00:12:38,340 --> 00:12:40,780  
然后又又又又出现阳明太阴合并了  
  
309  
00:12:41,060 --> 00:12:43,110  
然后阳明又辩证了，啊  
  
310  
00:12:43,150 --> 00:12:44,350  
明明是一个简单问题  
  
311  
00:12:44,350 --> 00:12:45,590  
最后怎么样啊，复杂化  
  
312  
00:12:45,830 --> 00:12:47,510  
所以我经常跟我的学生讲啊  
  
313  
00:12:47,910 --> 00:12:49,430  
我不喜欢相濡以沫  
  
314  
00:12:49,750 --> 00:12:51,270  
我喜欢相忘于江湖  
  
315  
00:12:52,070 --> 00:12:54,550  
我不喜欢戎马生于郊  
  
316  
00:12:54,710 --> 00:12:56,230  
我宁愿走马以粪  
  
317  
00:12:57,200 --> 00:13:00,200  
这个说的有点快，慢慢去理解啊  
  
318  
00:13:00,280 --> 00:13:03,960  
这个东西真的有的时候我们把一些复杂问题简单化  
  
319  
00:13:04,920 --> 00:13:05,840  
特别好啊  
  
320  
00:13:06,790 --> 00:13:08,150  
世界不需要圣贤  
  
321  
00:13:09,270 --> 00:13:13,720  
其实本来本来的样子很可爱啊  
  
322  
00:13:14,320 --> 00:13:15,240  
圣贤是什么呀  
  
323  
00:13:15,640 --> 00:13:18,990  
是因为大厦将倾，是因为天下呀  
  
324  
00:13:19,710 --> 00:13:22,710  
战乱，那才不得已而出现的  
  
325  
00:13:24,360 --> 00:13:25,080  
呃，当然了  
  
326  
00:13:25,080 --> 00:13:25,720  
朱玉汤呢  
  
327  
00:13:25,840 --> 00:13:28,880  
他这个给大家分享个小技巧啊  
  
328  
00:13:30,080 --> 00:13:30,640  
小技巧  
  
329  
00:13:32,280 --> 00:13:34,680  
借吴雄志老师神通一用啊  
  
330  
00:13:35,000 --> 00:13:37,560  
那么这个他的那个那个有一个平脉法吧  
  
331  
00:13:37,560 --> 00:13:38,160  
我记得啊  
  
332  
00:13:38,160 --> 00:13:39,160  
中间说过一个问题  
  
333  
00:13:39,200 --> 00:13:43,070  
那个东西很很很很很精髓啊呃  
  
334  
00:13:43,430 --> 00:13:47,350  
左脉的这个官部微弱之乡啊  
  
335  
00:13:48,200 --> 00:13:48,400  
哎  
  
336  
00:13:48,680 --> 00:13:50,960  
微弱之乡呃，吴老师这套东西呢  
  
337  
00:13:50,960 --> 00:13:52,440  
它绝对是源于家学啊  
  
338  
00:13:52,440 --> 00:13:55,170  
有传承的经久，经久不衰的东西  
  
339  
00:13:55,490 --> 00:13:56,250  
你去观察  
  
340  
00:13:56,250 --> 00:13:58,450  
如果你不会用脉去断六经  
  
341  
00:13:58,730 --> 00:14:01,170  
那么这个是一个非常好的权益之法啊  
  
342  
00:14:01,650 --> 00:14:02,890  
你要断六经就简单了  
  
343  
00:14:02,890 --> 00:14:04,610  
那你拿麦一断六经一摸  
  
344  
00:14:04,610 --> 00:14:04,930  
诶  
  
345  
00:14:04,970 --> 00:14:07,930  
是浊音，完事了就不用后面了  
  
346  
00:14:08,620 --> 00:14:09,980  
那么伤寒论干什么啊  
  
347  
00:14:10,420 --> 00:14:12,060  
伤寒论其实是不需要的  
  
348  
00:14:13,770 --> 00:14:16,810  
伤寒论干什么，就是你已经决定了  
  
349  
00:14:17,010 --> 00:14:17,210  
哎  
  
350  
00:14:17,210 --> 00:14:21,290  
我一摸脉，我告诉你我怎么看怎么用杀人论你摸脉  
  
351  
00:14:21,290 --> 00:14:22,500  
哎啊  
  
352  
00:14:23,020 --> 00:14:25,580  
阳明虚寒就像这个啊，吴茱萸汤  
  
353  
00:14:27,140 --> 00:14:28,580  
我把房子已经开完了啊  
  
354  
00:14:29,020 --> 00:14:30,540  
我一看这人就是阳明血寒症  
  
355  
00:14:30,540 --> 00:14:33,280  
就是我追一趟把不把握呀  
  
356  
00:14:34,000 --> 00:14:34,840  
准不准，哎  
  
357  
00:14:34,840 --> 00:14:38,350  
问问胃难不难受啊  
  
358  
00:14:38,390 --> 00:14:39,870  
有的告告诉你了，说难受  
  
359  
00:14:40,030 --> 00:14:41,030  
大夫你看真准  
  
360  
00:14:41,230 --> 00:14:43,030  
好好抓药，抓药走人  
  
361  
00:14:44,110 --> 00:14:45,830  
也有这种少数啊  
  
362  
00:14:46,390 --> 00:14:47,390  
一问难不难受啊  
  
363  
00:14:47,390 --> 00:14:47,950  
不难受  
  
364  
00:14:49,780 --> 00:14:51,020  
问哪样哪样都没有  
  
365  
00:14:52,300 --> 00:14:54,420  
你会多少有点忐忑的  
  
366  
00:14:54,420 --> 00:14:55,620  
一开始是这样啊  
  
367  
00:14:56,110 --> 00:14:57,390  
你先抓药，你先走吧  
  
368  
00:14:57,950 --> 00:14:59,070  
一开始有点忐忑  
  
369  
00:14:59,710 --> 00:15:01,470  
后来慢慢就不忐忑了  
  
370  
00:15:01,750 --> 00:15:04,190  
所以伤寒论是用来印证的  
  
371  
00:15:05,080 --> 00:15:05,600  
明白了吧  
  
372  
00:15:06,120 --> 00:15:08,480  
你已经知道它怎么回事之后用来印证的  
  
373  
00:15:08,640 --> 00:15:11,540  
但是伤寒论也可以用来学习啊  
  
374  
00:15:11,700 --> 00:15:13,940  
你一开始达不到这个状态，那怎么办  
  
375  
00:15:14,380 --> 00:15:15,580  
你就把它背熟  
  
376  
00:15:16,330 --> 00:15:17,290  
把条文背熟  
  
377  
00:15:17,810 --> 00:15:19,650  
背熟之后慢慢的啊  
  
378  
00:15:20,130 --> 00:15:21,370  
包括各种的技巧  
  
379  
00:15:21,650 --> 00:15:24,610  
但是你记住所有的技巧都不是真理  
  
380  
00:15:25,790 --> 00:15:29,890  
它都是什么都是你的工具，都如同舟车  
  
381  
00:15:30,290 --> 00:15:32,290  
如同桥，如同渔网  
  
382  
00:15:33,210 --> 00:15:35,650  
一定要得鱼而忘全啊  
  
383  
00:15:37,100 --> 00:15:39,860  
那么这个吴老师的那个技巧就是看左冠脉  
  
384  
00:15:39,860 --> 00:15:41,060  
左关脉弱，为什么  
  
385  
00:15:41,180 --> 00:15:42,020  
原因很简单  
  
386  
00:15:42,460 --> 00:15:43,540  
左冠脉主干嘛  
  
387  
00:15:44,840 --> 00:15:45,240  
对吧  
  
388  
00:15:45,600 --> 00:15:47,400  
肝主什么主厥阴啊  
  
389  
00:15:47,480 --> 00:15:48,200  
那你厥阴  
  
390  
00:15:48,200 --> 00:15:50,680  
你再大，你最后是不是还要落到脏腑上啊  
  
391  
00:15:51,020 --> 00:15:52,060  
那么他都驱寒了  
  
392  
00:15:52,100 --> 00:15:56,060  
那那左冠脉你能见到那个那个洪硕有力之象吗  
  
393  
00:15:56,100 --> 00:15:59,260  
那你要那么用，换句话说就是怎么别用错  
  
394  
00:16:00,410 --> 00:16:00,730  
对吧  
  
395  
00:16:00,730 --> 00:16:02,890  
我即使没对，但是我也没错  
  
396  
00:16:02,930 --> 00:16:03,930  
没错就不伤人  
  
397  
00:16:04,410 --> 00:16:06,330  
你真以为中药没有副作用啊  
  
398  
00:16:07,050 --> 00:16:09,090  
你真以为中药没有医疗代价呀  
  
399  
00:16:10,970 --> 00:16:13,090  
披上白大褂不一定是天使  
  
400  
00:16:13,370 --> 00:16:15,970  
如果你弄反了，就是杀人的屠夫啊  
  
401  
00:16:15,970 --> 00:16:17,130  
我们说这个道理啊  
  
402  
00:16:18,630 --> 00:16:19,670  
好往后看  
  
403  
00:16:22,660 --> 00:16:22,860  
呃  
  
404  
00:16:24,180 --> 00:16:25,220  
第十条  
  
405  
00:16:26,570 --> 00:16:29,810  
偶尔肠鸣心下脾，半夏泻心汤主治啊  
  
406  
00:16:30,130 --> 00:16:31,410  
关于这个方子呢  
  
407  
00:16:32,300 --> 00:16:33,940  
其实我们之前讲过啊  
  
408  
00:16:33,940 --> 00:16:35,260  
无论是伤寒还是金匮  
  
409  
00:16:35,260 --> 00:16:36,970  
金匮里头我们有讲过那个  
  
410  
00:16:36,970 --> 00:16:38,850  
那个百合胡遇阴阳毒对吧  
  
411  
00:16:39,010 --> 00:16:43,850  
讲过甘草泻心啊，也说过包括之前的这个这个跟消化相关的啊  
  
412  
00:16:44,840 --> 00:16:45,760  
提到过这个方子  
  
413  
00:16:46,640 --> 00:16:51,610  
那么它的核心无非是中焦痞涩  
  
414  
00:16:52,370 --> 00:16:53,170  
寒热错杂  
  
415  
00:16:54,890 --> 00:16:57,210  
脾胃之气啊，不能舒转于上下  
  
416  
00:16:57,610 --> 00:16:58,250  
因此呢  
  
417  
00:16:58,930 --> 00:17:02,170  
呃，火这个阳热之气不能下降  
  
418  
00:17:03,190 --> 00:17:04,990  
这个这个阴气不能上升啊  
  
419  
00:17:05,390 --> 00:17:07,750  
那么如同天地否卦  
  
420  
00:17:09,000 --> 00:17:10,839  
怎么个能够转体成泰  
  
421  
00:17:10,960 --> 00:17:12,200  
我们讲过这个问题啊  
  
422  
00:17:12,200 --> 00:17:15,520  
干姜半夏的这个，这个这个对吧  
  
423  
00:17:15,520 --> 00:17:19,440  
降逆，黄芪黄连的这个以和以清热啊  
  
424  
00:17:19,440 --> 00:17:23,730  
那么舒转身草早一补忠啊  
  
425  
00:17:23,730 --> 00:17:25,849  
这个就不过多的给大家赘述了  
  
426  
00:17:26,250 --> 00:17:29,410  
在这呢，这个条文是有非常大的意义的啊  
  
427  
00:17:30,020 --> 00:17:30,220  
呃  
  
428  
00:17:30,220 --> 00:17:33,580  
为什么说伤寒和金匮要互参要一起学啊  
  
429  
00:17:34,320 --> 00:17:36,600  
你学完伤寒一定要学金贵  
  
430  
00:17:37,560 --> 00:17:38,880  
不能学了伤寒之后  
  
431  
00:17:38,880 --> 00:17:41,160  
我觉得我患者也够多了啊  
  
432  
00:17:41,160 --> 00:17:42,240  
我效果也有了  
  
433  
00:17:42,720 --> 00:17:45,480  
那金贵我就用哪张方我看看就得了  
  
434  
00:17:45,480 --> 00:17:46,440  
不是这样的啊  
  
435  
00:17:46,720 --> 00:17:47,560  
必须得互参  
  
436  
00:17:47,600 --> 00:17:48,520  
它是一本书  
  
437  
00:17:49,250 --> 00:17:51,930  
你看我们伤寒论里头有一个学说  
  
438  
00:17:51,930 --> 00:17:54,690  
有一个说法叫欧力劈，还记不记得  
  
439  
00:17:55,340 --> 00:17:55,540  
诶  
  
440  
00:17:55,860 --> 00:17:59,220  
呕力劈呕力匹非常抱歉的告诉你们  
  
441  
00:17:59,620 --> 00:18:04,190  
在伤寒论中通篇实际上三泻心汤讲了  
  
442  
00:18:04,270 --> 00:18:05,630  
但是都是只言片语  
  
443  
00:18:06,230 --> 00:18:07,310  
在哪是讲全的  
  
444  
00:18:07,310 --> 00:18:11,440  
只有在这哈哈，金匮要略你看有没有偶有没有力  
  
445  
00:18:12,320 --> 00:18:12,920  
有没有痞  
  
446  
00:18:13,920 --> 00:18:14,400  
看见了吧  
  
447  
00:18:14,720 --> 00:18:18,160  
而且就是呕力劈，偶尔长鸣心下痞  
  
448  
00:18:19,930 --> 00:18:21,810  
所以你不要说偶利品没有出处  
  
449  
00:18:22,330 --> 00:18:23,610  
有很多学伤寒的人啊  
  
450  
00:18:23,610 --> 00:18:25,880  
我们在聊说那个半夏泻心汤  
  
451  
00:18:26,120 --> 00:18:28,640  
你看在149条里他说什么  
  
452  
00:18:28,640 --> 00:18:30,160  
但满而不痛者，食胃脾对吧  
  
453  
00:18:30,280 --> 00:18:32,720  
巴亚西心汤主治，他没说欧力匹啊  
  
454  
00:18:33,110 --> 00:18:35,830  
是伤寒论是没说金贵说了啊  
  
455  
00:18:35,870 --> 00:18:40,030  
所以这个是有的时候你你你你你真的缺了这个还不行  
  
456  
00:18:42,420 --> 00:18:43,700  
呃，第11条啊  
  
457  
00:18:44,560 --> 00:18:48,720  
往后看，第11条是我们非常喜欢的一张方子  
  
458  
00:18:48,720 --> 00:18:50,440  
叫黄芹加半夏生姜汤  
  
459  
00:18:50,800 --> 00:18:53,190  
这里头啊，玄机很大啊  
  
460  
00:18:53,350 --> 00:18:54,870  
曾经我在给大家  
  
461  
00:18:55,790 --> 00:19:00,280  
呃前面讲这个奔豚汤的时候  
  
462  
00:19:00,280 --> 00:19:01,760  
我说过这个方子吧  
  
463  
00:19:01,760 --> 00:19:02,280  
对不对啊  
  
464  
00:19:02,770 --> 00:19:03,930  
哎，我说奔豚汤呢  
  
465  
00:19:03,930 --> 00:19:07,010  
其实就是黄芪加半夏生姜汤，把枣去掉  
  
466  
00:19:07,490 --> 00:19:08,490  
然后加四味药  
  
467  
00:19:09,490 --> 00:19:10,810  
兄归白鸽，对吧  
  
468  
00:19:11,170 --> 00:19:14,540  
川胸当归，肝里跟白皮加上葛根啊  
  
469  
00:19:14,860 --> 00:19:15,820  
当时说过这个问题  
  
470  
00:19:15,820 --> 00:19:19,940  
专治这个木气，称土血水上奔之奔腾之症啊  
  
471  
00:19:21,950 --> 00:19:26,500  
呃，那么黄芹加半夏生姜汤啊  
  
472  
00:19:26,540 --> 00:19:31,100  
实际上是黄芪黄芪汤的一个加味加半夏呃  
  
473  
00:19:33,400 --> 00:19:37,580  
这个条文最早出现于伤寒论啊  
  
474  
00:19:37,620 --> 00:19:39,020  
该汤证呃  
  
475  
00:19:39,140 --> 00:19:40,820  
太阳与少阳合并者  
  
476  
00:19:40,820 --> 00:19:42,340  
必自下利用什么汤啊  
  
477  
00:19:42,920 --> 00:19:45,000  
黄芪汤若呕者呢  
  
478  
00:19:45,680 --> 00:19:45,880  
哎  
  
479  
00:19:45,920 --> 00:19:49,160  
黄芪加半夏生姜汤生姜汤主治呃  
  
480  
00:19:49,560 --> 00:19:51,320  
这个方实际上啊  
  
481  
00:19:52,940 --> 00:19:56,100  
历史上大家拿他治夏利用的特别多  
  
482  
00:19:56,560 --> 00:19:57,720  
我常举这个例子  
  
483  
00:19:57,800 --> 00:19:59,440  
汪昂医方集解对吧  
  
484  
00:19:59,480 --> 00:20:03,680  
清代的这个方解的一一部不可忽略的著作  
  
485  
00:20:04,180 --> 00:20:05,180  
那么一方极简呢  
  
486  
00:20:05,180 --> 00:20:06,300  
中间就说过一句话  
  
487  
00:20:06,300 --> 00:20:09,940  
叫说这个就是万世智利之祖放啊  
  
488  
00:20:09,940 --> 00:20:11,260  
这个评价很高啊  
  
489  
00:20:11,750 --> 00:20:13,510  
呃，我讲沙论  
  
490  
00:20:13,510 --> 00:20:14,990  
但是我也不能这么这么飘  
  
491  
00:20:14,990 --> 00:20:18,350  
他啊，就是说智力的方式在沙漠论里太多了啊  
  
492  
00:20:18,590 --> 00:20:19,390  
不光这一张  
  
493  
00:20:19,430 --> 00:20:20,870  
那你说乌梅丸治不治力啊  
  
494  
00:20:20,910 --> 00:20:21,990  
桃花汤治不治力啊  
  
495  
00:20:22,390 --> 00:20:25,860  
但是我们说关于古方的赞美啊  
  
496  
00:20:25,940 --> 00:20:29,180  
咋赞美有的时候也不为过啊，也不为过  
  
497  
00:20:29,690 --> 00:20:33,130  
但是我们说现在的很多细菌性痢疾等等  
  
498  
00:20:33,410 --> 00:20:35,530  
总之是有热的感染的  
  
499  
00:20:35,610 --> 00:20:36,410  
炎症的，对吧  
  
500  
00:20:36,650 --> 00:20:38,450  
你都不妨用黄金汤加减  
  
501  
00:20:38,890 --> 00:20:40,010  
很多医生这个方呢  
  
502  
00:20:40,010 --> 00:20:42,930  
现在他不用呃，或者用的少  
  
503  
00:20:43,880 --> 00:20:45,720  
嗯，严重被低估了  
  
504  
00:20:46,040 --> 00:20:47,480  
但是我用的很多  
  
505  
00:20:47,480 --> 00:20:48,760  
我给你们讲过很多案例  
  
506  
00:20:49,080 --> 00:20:51,680  
比如之前我们学校药学院有一个小孩，对吧  
  
507  
00:20:52,160 --> 00:20:56,200  
在西医院人家也是治不了了这个感染  
  
508  
00:20:56,760 --> 00:20:58,800  
后来他老师这个  
  
509  
00:21:00,350 --> 00:21:01,990  
找我啊，说能不能给调  
  
510  
00:21:02,070 --> 00:21:03,270  
后来咱们治的挺好啊  
  
511  
00:21:03,270 --> 00:21:05,670  
就一剂黄金汤搞定出院了啊  
  
512  
00:21:06,350 --> 00:21:08,170  
呃啧  
  
513  
00:21:08,610 --> 00:21:10,370  
我用他的眼目就极其简单  
  
514  
00:21:10,950 --> 00:21:12,510  
邵阳的热症就是黄金汤  
  
515  
00:21:12,550 --> 00:21:14,310  
我所有学生也都这么用，对吧  
  
516  
00:21:14,590 --> 00:21:17,190  
只要你看到是邵阳是热症，就黄金汤  
  
517  
00:21:17,430 --> 00:21:19,390  
那么为什么邵阳的热症用黄金汤  
  
518  
00:21:19,470 --> 00:21:20,390  
道理非常简单  
  
519  
00:21:20,470 --> 00:21:21,790  
少阳主，什么六七  
  
520  
00:21:22,920 --> 00:21:24,480  
哎好，这不张口就来吗  
  
521  
00:21:24,480 --> 00:21:27,520  
主相火，那么相火太过其实你琢磨啊  
  
522  
00:21:28,140 --> 00:21:32,180  
呃，我们有很多在临床上退热的方子  
  
523  
00:21:33,530 --> 00:21:33,970  
对吧  
  
524  
00:21:34,820 --> 00:21:38,060  
但他在历史上也是有一个发展脉络的  
  
525  
00:21:38,820 --> 00:21:44,860  
我个人跟汪昂先先生啊的观点到不一样啊  
  
526  
00:21:45,140 --> 00:21:47,860  
我不认为他一定是万世之利制度方  
  
527  
00:21:48,980 --> 00:21:52,940  
我改了一个字，万事至热之祖方  
  
528  
00:21:54,170 --> 00:21:56,490  
你看看是不是在伤寒论中  
  
529  
00:21:57,410 --> 00:21:59,770  
厥阴篇我们说有有一个条文啊  
  
530  
00:22:00,090 --> 00:22:02,490  
这个以黄芪汤彻其热  
  
531  
00:22:03,620 --> 00:22:04,980  
讲初中那个问题对吧  
  
532  
00:22:04,980 --> 00:22:06,140  
就是胃气是怎么没的  
  
533  
00:22:06,300 --> 00:22:07,660  
他告诉你，举了个反例  
  
534  
00:22:07,660 --> 00:22:10,060  
说用黄芪汤彻其热，证明一个问题  
  
535  
00:22:10,060 --> 00:22:12,020  
这个黄金汤，首先他一定不是仲景先师  
  
536  
00:22:12,020 --> 00:22:13,980  
用的说明是谁用的  
  
537  
00:22:14,620 --> 00:22:17,400  
说明是当时的示意对不对  
  
538  
00:22:17,760 --> 00:22:19,720  
因此我们要反思一个问题啊  
  
539  
00:22:20,620 --> 00:22:24,700  
伤寒论里的方在当时是不是只有仲景先师在用  
  
540  
00:22:25,420 --> 00:22:28,700  
其实我们今天啊，动辄会说一个词  
  
541  
00:22:30,020 --> 00:22:34,220  
叫仲景方  
  
542  
00:22:37,820 --> 00:22:38,380  
对不对啊  
  
543  
00:22:39,220 --> 00:22:40,140  
哎，叫仲景方  
  
544  
00:22:41,100 --> 00:22:45,380  
那么仲景方一定是仲景先师创的吗  
  
545  
00:22:46,690 --> 00:22:47,650  
绝对不是  
  
546  
00:22:47,890 --> 00:22:49,650  
他都不是不一定的问题了  
  
547  
00:22:49,650 --> 00:22:52,850  
因为仲景先生说的这句话叫勤求古训  
  
548  
00:22:53,050 --> 00:22:53,890  
然后咋的了  
  
549  
00:22:55,080 --> 00:22:56,720  
对了，博采众方  
  
550  
00:22:59,360 --> 00:23:03,600  
但是这不代表我们否认仲景先师  
  
551  
00:23:04,360 --> 00:23:08,080  
他对民族对医学的贡献和他的学术高度  
  
552  
00:23:08,540 --> 00:23:12,260  
你一定要知道，仲景先师是是一位非常伟大的医学家  
  
553  
00:23:12,500 --> 00:23:13,740  
划时代的宗师对吧  
  
554  
00:23:14,060 --> 00:23:16,350  
那么他做的事是什么  
  
555  
00:23:17,440 --> 00:23:22,680  
我把当时非常非常多的处方集结到一起  
  
556  
00:23:23,460 --> 00:23:25,420  
按照一个统一的思维  
  
557  
00:23:25,700 --> 00:23:26,980  
把它们编排在一起  
  
558  
00:23:28,270 --> 00:23:29,550  
这是非常伟大的  
  
559  
00:23:29,910 --> 00:23:32,630  
那么六经体系的运用  
  
560  
00:23:34,010 --> 00:23:35,850  
承上启下的创造  
  
561  
00:23:36,690 --> 00:23:40,730  
那么内经到后世方剂的衔接太伟大了  
  
562  
00:23:41,040 --> 00:23:42,200  
大家明白这个道理了吧  
  
563  
00:23:42,520 --> 00:23:44,040  
所以黄金汤在当时  
  
564  
00:23:44,360 --> 00:23:47,800  
我个人认为是一个普世应用的一个广谱抗炎药  
  
565  
00:23:48,130 --> 00:23:50,450  
你想想，那么谁都能想起来  
  
566  
00:23:50,850 --> 00:23:52,570  
我在伤寒论的物质之中  
  
567  
00:23:53,080 --> 00:23:54,720  
抓到了大量的有价值的东西  
  
568  
00:23:54,720 --> 00:23:56,160  
我跟你们讲过吧，对吧  
  
569  
00:23:56,160 --> 00:23:56,920  
比如说火热  
  
570  
00:23:56,960 --> 00:23:58,640  
比如说攻下大量的物质  
  
571  
00:23:58,640 --> 00:24:00,800  
说明当时在广泛的用，说明这些方法  
  
572  
00:24:00,960 --> 00:24:01,920  
它是有效的  
  
573  
00:24:02,650 --> 00:24:04,290  
有效的方法才会被误用  
  
574  
00:24:05,370 --> 00:24:07,170  
无效的方法不会被误用  
  
575  
00:24:08,330 --> 00:24:08,970  
你琢磨吧  
  
576  
00:24:09,570 --> 00:24:12,730  
那哪有临床上没事吃耗子药然后物质的呀  
  
577  
00:24:13,370 --> 00:24:14,170  
你没见过吧  
  
578  
00:24:15,090 --> 00:24:15,730  
对吧  
  
579  
00:24:16,010 --> 00:24:18,050  
说我不小心我我想试试啊  
  
580  
00:24:18,370 --> 00:24:20,930  
没有那么试的，凡事试的都是什么样的  
  
581  
00:24:20,930 --> 00:24:24,090  
你比如说在临床中有事没事扛上诉是吧  
  
582  
00:24:24,570 --> 00:24:26,410  
那么我们不是说抗生素不好  
  
583  
00:24:27,120 --> 00:24:27,880  
为啥他没事  
  
584  
00:24:27,880 --> 00:24:30,440  
有事没事抗生素，他咋不有事没事耗子药呢  
  
585  
00:24:31,000 --> 00:24:32,440  
有事没事敌敌畏是吧  
  
586  
00:24:33,020 --> 00:24:34,140  
还是因为有用吗  
  
587  
00:24:34,220 --> 00:24:37,900  
那那你看我说的道理很很很很粗俗  
  
588  
00:24:37,900 --> 00:24:39,140  
但是话糙理不糙啊  
  
589  
00:24:39,300 --> 00:24:40,020  
你想想啊  
  
590  
00:24:40,220 --> 00:24:44,260  
因此黄金汤在那个时候广谱的一个抗热的一个药  
  
591  
00:24:44,500 --> 00:24:46,260  
那他为什么能够广谱的抗热  
  
592  
00:24:47,060 --> 00:24:48,380  
我们再往深里扣啊  
  
593  
00:24:48,380 --> 00:24:49,300  
我们接着往深里扣  
  
594  
00:24:49,740 --> 00:24:52,540  
那么黄芪汤汤的来源在于在于什么  
  
595  
00:24:52,580 --> 00:24:54,100  
太阳与少阳合并  
  
596  
00:24:55,650 --> 00:24:59,250  
还记不记得太阳与少阳合病  
  
597  
00:24:59,700 --> 00:25:04,370  
那么这个合并其实首当其冲的在过去，并不是黄金汤  
  
598  
00:25:04,370 --> 00:25:08,530  
你翻翻伤寒论，哪个方子是太阳与少阳少阳合并的典范  
  
599  
00:25:09,680 --> 00:25:11,400  
我们在这块中用的特别多吧  
  
600  
00:25:12,120 --> 00:25:12,480  
哎  
  
601  
00:25:12,480 --> 00:25:13,760  
很好，张口就来啊  
  
602  
00:25:14,320 --> 00:25:16,440  
柴胡桂枝汤对不对啊  
  
603  
00:25:17,400 --> 00:25:17,680  
对  
  
604  
00:25:20,220 --> 00:25:21,900  
肢节烦疼，唯有心下之德  
  
605  
00:25:21,980 --> 00:25:22,900  
枝节外征为曲  
  
606  
00:25:22,900 --> 00:25:24,660  
还贵，柴胡桂枝汤主之嘛  
  
607  
00:25:24,660 --> 00:25:24,900  
对吧  
  
608  
00:25:25,380 --> 00:25:26,180  
哎，就是这个  
  
609  
00:25:26,540 --> 00:25:29,640  
那么换到这儿就不行了  
  
610  
00:25:30,560 --> 00:25:31,200  
为啥不行  
  
611  
00:25:31,840 --> 00:25:35,280  
首先我们说太阳与少阳合并已经下令了  
  
612  
00:25:35,280 --> 00:25:36,800  
夏利属于表证还是里证  
  
613  
00:25:39,320 --> 00:25:41,600  
你看柴胡桂枝汤是表证  
  
614  
00:25:41,960 --> 00:25:43,440  
但是已经下力了  
  
615  
00:25:43,840 --> 00:25:45,560  
下利了，说明他是比正  
  
616  
00:25:45,830 --> 00:25:49,510  
那么既然是李政，你就得把柴胡桂枝砍掉  
  
617  
00:25:50,700 --> 00:25:51,380  
发现了没有  
  
618  
00:25:51,940 --> 00:25:53,820  
与此同时，呃  
  
619  
00:25:55,260 --> 00:26:00,100  
既然是咱们说把这个柴棍砍掉之后他又不恶心  
  
620  
00:26:00,500 --> 00:26:02,660  
那是不是得去掉半夏生姜啊  
  
621  
00:26:05,040 --> 00:26:07,320  
又有有热有热人参还能用吗  
  
622  
00:26:08,240 --> 00:26:11,920  
不能用，那你看去掉了解表的柴桂  
  
623  
00:26:12,640 --> 00:26:13,720  
我们说这三个  
  
624  
00:26:16,360 --> 00:26:18,080  
以去掉解表的柴贵  
  
625  
00:26:21,060 --> 00:26:22,820  
二，那不恶心  
  
626  
00:26:23,100 --> 00:26:27,400  
去掉止呕的消息，江夏是不是第三  
  
627  
00:26:28,440 --> 00:26:31,480  
你再去掉助热的人参  
  
628  
00:26:34,140 --> 00:26:35,060  
剩啥汤了  
  
629  
00:26:36,130 --> 00:26:37,850  
你自己回去吧  
  
630  
00:26:37,850 --> 00:26:39,570  
这个就到这儿到此为止啊  
  
631  
00:26:40,050 --> 00:26:43,700  
所以我过去，你还记不记得我讲伤寒药语的时候我说过一句话  
  
632  
00:26:43,900 --> 00:26:45,820  
我说黄金汤是什么桂枝汤  
  
633  
00:26:45,820 --> 00:26:48,680  
去掉所有的热药，但是必须有黄金  
  
634  
00:26:49,280 --> 00:26:50,200  
我还说过一句话  
  
635  
00:26:50,920 --> 00:26:54,360  
整个伤寒论的少阳篇可以没有柴胡  
  
636  
00:26:55,090 --> 00:26:56,050  
但是必有黄琴  
  
637  
00:26:56,570 --> 00:26:59,170  
黄琴一位，少阳之主要啊  
  
638  
00:26:59,210 --> 00:27:00,450  
这是我个人的认为啊  
  
639  
00:27:01,210 --> 00:27:04,350  
所以在这里头特别有意思啊  
  
640  
00:27:04,710 --> 00:27:06,070  
那黄金主相火啊  
  
641  
00:27:07,180 --> 00:27:08,660  
呃，是不是主要呢  
  
642  
00:27:08,660 --> 00:27:10,700  
这个我们又不是评武林盟主啊  
  
643  
00:27:10,700 --> 00:27:12,740  
在这我不给最终解释，呃  
  
644  
00:27:13,660 --> 00:27:14,900  
免免惹争议啊  
  
645  
00:27:15,140 --> 00:27:18,340  
但是我认为黄琴在邵阳之中你是不可或缺的啊  
  
646  
00:27:18,580 --> 00:27:20,900  
无论寒热虚实都要用啊  
  
647  
00:27:21,300 --> 00:27:24,500  
那么在这儿你看一脉相承这个方就出来了  
  
648  
00:27:25,020 --> 00:27:25,220  
呃  
  
649  
00:27:25,380 --> 00:27:29,320  
所以说如果恶心，那就是加半夏生姜  
  
650  
00:27:31,720 --> 00:27:34,080  
其实你从方剂上来看，这叫什么  
  
651  
00:27:34,080 --> 00:27:34,720  
这叫方正  
  
652  
00:27:35,360 --> 00:27:39,340  
是不是方正对应他就是这样伤寒论的用药啊  
  
653  
00:27:39,340 --> 00:27:41,220  
仲景先师的方法为什么  
  
654  
00:27:41,220 --> 00:27:43,020  
我告诉大家要多看加减法  
  
655  
00:27:43,020 --> 00:27:44,220  
这时候你体会到了吧  
  
656  
00:27:44,690 --> 00:27:46,050  
有的时候方你看不懂  
  
657  
00:27:46,050 --> 00:27:47,490  
但是加减法你一定能看懂  
  
658  
00:27:47,810 --> 00:27:51,690  
你从加减法切入到方的结构其实是条捷径  
  
659  
00:27:52,370 --> 00:27:53,570  
它就像下象棋  
  
660  
00:27:54,050 --> 00:27:55,210  
规则是死的  
  
661  
00:27:55,750 --> 00:27:59,390  
马走日象走田炮走直线，是不是  
  
662  
00:27:59,710 --> 00:27:59,950  
嘿  
  
663  
00:28:00,110 --> 00:28:01,590  
隔着卒打咱们讲  
  
664  
00:28:02,030 --> 00:28:02,270  
哎  
  
665  
00:28:02,270 --> 00:28:06,700  
就是他，肯定是是是是是这样的啊  
  
666  
00:28:09,180 --> 00:28:09,380  
呃  
  
667  
00:28:09,620 --> 00:28:12,220  
因此这就是黄芹加半夏生姜汤  
  
668  
00:28:12,580 --> 00:28:14,340  
在这就不再赘述了  
  
669  
00:28:16,520 --> 00:28:17,240  
接着往后看  
  
670  
00:28:18,160 --> 00:28:22,670  
呃猪呕吐谷不得下者，小半夏汤主治  
  
671  
00:28:23,150 --> 00:28:23,350  
呃  
  
672  
00:28:23,350 --> 00:28:27,030  
这个咱们之前在痰饮咳嗽的时候曾经接触过啊  
  
673  
00:28:27,070 --> 00:28:29,750  
所谓金反不可心下有只隐故也对不对  
  
674  
00:28:30,190 --> 00:28:31,030  
呃咳  
  
675  
00:28:31,070 --> 00:28:33,710  
小半血汤主治那么有知饮，呃  
  
676  
00:28:33,710 --> 00:28:35,830  
但实际上它远远不止于此啊  
  
677  
00:28:36,110 --> 00:28:38,550  
我们说猪呕吐谷不得下这个呢  
  
678  
00:28:38,630 --> 00:28:40,590  
其实并不绝对啊  
  
679  
00:28:40,630 --> 00:28:42,990  
不是说所有的啊  
  
680  
00:28:43,630 --> 00:28:48,180  
我们讲这个呕吐是呕吐就就得半夏生姜汤  
  
681  
00:28:48,660 --> 00:28:51,540  
但是呢，你不得不注意到一个问题  
  
682  
00:28:51,980 --> 00:28:58,280  
他是临床中仲景先师治疗呕逆非常重要的一个加减法  
  
683  
00:28:59,720 --> 00:29:01,600  
在临床中很常用啊  
  
684  
00:29:02,510 --> 00:29:06,590  
甚至是呃，很多时候这张方经常会出彩的  
  
685  
00:29:07,350 --> 00:29:08,270  
经常会出彩的  
  
686  
00:29:08,590 --> 00:29:10,470  
比如在临床中一些  
  
687  
00:29:12,170 --> 00:29:13,450  
复杂疾病、疑难疾病  
  
688  
00:29:13,450 --> 00:29:14,530  
甚至是一些危重病  
  
689  
00:29:14,610 --> 00:29:17,850  
疾病的那个触诊这种患者就是吃不下  
  
690  
00:29:17,890 --> 00:29:19,170  
就是恶心，就是吐  
  
691  
00:29:19,700 --> 00:29:22,740  
其实有的时候你可以看看卖相啊  
  
692  
00:29:22,780 --> 00:29:25,300  
如果就是一个胃气不降的问题  
  
693  
00:29:25,850 --> 00:29:30,490  
你就一张简简单单的小半夏汤，往往应手而愈啊  
  
694  
00:29:30,490 --> 00:29:33,890  
真的，这张方是一个特别给你出彩的一张房子  
  
695  
00:29:34,470 --> 00:29:34,670  
呃  
  
696  
00:29:34,710 --> 00:29:35,590  
它的应用呢  
  
697  
00:29:36,270 --> 00:29:37,710  
指征仲景先师  
  
698  
00:29:37,710 --> 00:29:42,750  
有的时候他就会用语言来教你看病  
  
699  
00:29:42,750 --> 00:29:43,710  
你看这不就是吗  
  
700  
00:29:43,910 --> 00:29:46,180  
就告诉你各种呕吐，吃不下饭  
  
701  
00:29:46,220 --> 00:29:46,780  
哈哈  
  
702  
00:29:47,060 --> 00:29:50,380  
他就是这就告诉你非常清楚他的应用指征，吃不下你就可以  
  
703  
00:29:50,740 --> 00:29:52,140  
不是说吃不下就可以用  
  
704  
00:29:52,300 --> 00:29:54,060  
而是吃不下就可以考虑  
  
705  
00:29:55,560 --> 00:29:57,320  
那这里头是不是得有虚寒之分啊  
  
706  
00:29:57,520 --> 00:30:00,240  
如果是热症，那你还能考虑了吗  
  
707  
00:30:00,780 --> 00:30:01,500  
绝对不行了  
  
708  
00:30:01,500 --> 00:30:05,140  
热症，那那个所谓我们说那个带黄甘草汤对不对啊  
  
709  
00:30:05,340 --> 00:30:05,540  
哎  
  
710  
00:30:05,540 --> 00:30:07,890  
这个时候你你你你就应用  
  
711  
00:30:08,290 --> 00:30:10,610  
所以这个东西没有标准答案就在这呢啊  
  
712  
00:30:11,850 --> 00:30:14,610  
谁也没办法搞一套标准答案出来  
  
713  
00:30:16,770 --> 00:30:16,970  
额  
  
714  
00:30:17,050 --> 00:30:21,370  
这就是我们跟大家分享的这个小半夏汤啊  
  
715  
00:30:23,090 --> 00:30:24,250  
好，我们继续  
  
716  
00:30:28,800 --> 00:30:30,040  
呃第13条  
  
717  
00:30:32,380 --> 00:30:33,780  
这张方子叫什么  
  
718  
00:30:33,780 --> 00:30:35,340  
叫猪苓散啊  
  
719  
00:30:36,340 --> 00:30:37,380  
呃，猪苓散呢  
  
720  
00:30:38,100 --> 00:30:39,020  
冷不丁一打眼  
  
721  
00:30:39,740 --> 00:30:41,940  
很多人一看啊  
  
722  
00:30:42,500 --> 00:30:44,060  
容易错看成猪苓汤  
  
723  
00:30:44,830 --> 00:30:47,710  
你仔细看之后发现，不是啊  
  
724  
00:30:47,830 --> 00:30:48,510  
不但不是  
  
725  
00:30:48,870 --> 00:30:52,830  
而且这个组合其实出现在了伤寒论中  
  
726  
00:30:53,370 --> 00:30:54,570  
哪张房子里头有啊  
  
727  
00:30:54,970 --> 00:30:55,250  
哎  
  
728  
00:30:55,250 --> 00:30:56,650  
503，呃  
  
729  
00:30:56,650 --> 00:30:57,650  
但它不叫五苓散  
  
730  
00:30:57,650 --> 00:30:58,690  
它叫猪苓散  
  
731  
00:30:58,690 --> 00:30:59,610  
而且是三味药  
  
732  
00:31:00,050 --> 00:31:01,850  
呃，猪苓、茯苓和白猪  
  
733  
00:31:02,800 --> 00:31:05,120  
那么这个条文讲了什么啊  
  
734  
00:31:06,440 --> 00:31:09,620  
呕吐而病在阁上后  
  
735  
00:31:09,780 --> 00:31:11,500  
思水者解给予之啊  
  
736  
00:31:12,300 --> 00:31:16,340  
呃，那么并未在格以上的呕吐  
  
737  
00:31:17,650 --> 00:31:19,290  
呃，吐完了之后想喝水  
  
738  
00:31:19,850 --> 00:31:23,170  
那么你就稍稍得给它喝点呃  
  
739  
00:31:24,170 --> 00:31:24,770  
这这个  
  
740  
00:31:27,010 --> 00:31:28,250  
那么思水者啊  
  
741  
00:31:28,330 --> 00:31:33,670  
用什么汤主治啊  
  
742  
00:31:33,990 --> 00:31:34,710  
用猪苓散  
  
743  
00:31:35,030 --> 00:31:37,350  
当然这个地方呢，有争议  
  
744  
00:31:37,350 --> 00:31:40,870  
有的人认为呢，这个想喝水就给喝点水  
  
745  
00:31:41,350 --> 00:31:42,990  
其实喝点水是无可厚非的啊  
  
746  
00:31:43,310 --> 00:31:47,820  
也有一家认为给予之  
  
747  
00:31:48,020 --> 00:31:52,700  
它是由省文雨知啥雨之猪苓汤啊，猪苓散啊猪苓散  
  
748  
00:31:53,620 --> 00:31:55,180  
那么为啥啊  
  
749  
00:31:56,330 --> 00:32:00,380  
呃，历代一家各有论述在这呢  
  
750  
00:32:00,420 --> 00:32:01,300  
我个人啊  
  
751  
00:32:01,660 --> 00:32:08,080  
比较倾向清代气化宗师张尹安先生的论述啊  
  
752  
00:32:08,700 --> 00:32:09,620  
呃，张公呢  
  
753  
00:32:09,620 --> 00:32:10,620  
他是这么说的啊  
  
754  
00:32:10,620 --> 00:32:13,740  
就太阴脾土，不能转输水谷之精  
  
755  
00:32:14,380 --> 00:32:18,260  
以致今夜不周而死水啊，我再捣鼓一遍啊  
  
756  
00:32:18,890 --> 00:32:19,570  
说得有点快  
  
757  
00:32:20,170 --> 00:32:21,610  
太阴脾土怎么样呢  
  
758  
00:32:22,250 --> 00:32:22,730  
不能  
  
759  
00:32:24,800 --> 00:32:26,400  
转输水谷之精  
  
760  
00:32:34,180 --> 00:32:36,300  
不能转输水谷之精啊  
  
761  
00:32:49,780 --> 00:32:51,780  
水谷是精  
  
762  
00:32:52,740 --> 00:32:55,900  
那么这就直接导致了一个问题，以致什么呢  
  
763  
00:32:56,740 --> 00:32:58,580  
叫今夜不周  
  
764  
00:33:02,760 --> 00:33:03,040  
哎  
  
765  
00:33:04,160 --> 00:33:05,280  
非常经典的对吧  
  
766  
00:33:05,320 --> 00:33:06,560  
那么是谁出现的  
  
767  
00:33:06,560 --> 00:33:07,600  
那就是太阴体  
  
768  
00:33:08,600 --> 00:33:11,200  
你看他有非常强的逻辑性  
  
769  
00:33:13,430 --> 00:33:15,870  
其实简单的说就是脾不散经吧  
  
770  
00:33:16,320 --> 00:33:19,600  
换句话说，脾是人体中间的一个大转轴  
  
771  
00:33:20,080 --> 00:33:22,800  
这个大转轴呢，现在它停摆了  
  
772  
00:33:23,360 --> 00:33:27,020  
停摆了之后导致津液啊，不能正太的腹部  
  
773  
00:33:27,420 --> 00:33:28,540  
以至于什么呢  
  
774  
00:33:29,220 --> 00:33:31,460  
哎，以至于口渴  
  
775  
00:33:33,060 --> 00:33:38,410  
那么这个时候要用猪苓汤去调和脾  
  
776  
00:33:38,850 --> 00:33:40,010  
让它把水散开  
  
777  
00:33:40,450 --> 00:33:42,050  
所以你看这块非常有意思  
  
778  
00:33:42,050 --> 00:33:42,930  
中国古人啊  
  
779  
00:33:43,330 --> 00:33:45,130  
他想到的第一个反应  
  
780  
00:33:45,620 --> 00:33:48,780  
并不是马上给你用天花粉玄参  
  
781  
00:33:49,420 --> 00:33:49,860  
嗯  
  
782  
00:33:52,000 --> 00:33:52,880  
天冬是吧  
  
783  
00:33:53,360 --> 00:33:54,920  
哎，麦冬并不是这个  
  
784  
00:33:55,600 --> 00:33:57,640  
那么因此说还是那个问题  
  
785  
00:33:58,160 --> 00:33:59,760  
不治已病治未病  
  
786  
00:34:00,770 --> 00:34:03,370  
不治已乱，治未乱是不是啊  
  
787  
00:34:03,730 --> 00:34:05,690  
哎，还是这么一个核心问题  
  
788  
00:34:07,280 --> 00:34:08,120  
因此说呢  
  
789  
00:34:09,280 --> 00:34:10,800  
呃，大家注意一下啊  
  
790  
00:34:10,800 --> 00:34:15,870  
这个猪苓散他应用的眼目有两个啊  
  
791  
00:34:15,909 --> 00:34:17,630  
其实这块就给大家单刀直入  
  
792  
00:34:18,270 --> 00:34:20,030  
一个是二零  
  
793  
00:34:21,320 --> 00:34:21,960  
一个是二零  
  
794  
00:34:22,000 --> 00:34:23,239  
那么它的特点啊  
  
795  
00:34:24,440 --> 00:34:25,080  
你记住  
  
796  
00:34:26,429 --> 00:34:29,710  
猪灵体清茯苓味淡啊  
  
797  
00:34:29,909 --> 00:34:30,389  
看啊  
  
798  
00:34:31,570 --> 00:34:32,690  
怎么解决，对吧  
  
799  
00:34:35,370 --> 00:34:35,889  
猪灵  
  
800  
00:34:38,760 --> 00:34:43,440  
体清茯苓啊  
  
801  
00:34:46,920 --> 00:34:47,440  
伟大  
  
802  
00:34:48,800 --> 00:34:49,000  
嗯  
  
803  
00:34:49,560 --> 00:34:51,040  
所谓清淡者  
  
804  
00:34:51,480 --> 00:34:53,080  
胜利之品也，是不是  
  
805  
00:34:53,400 --> 00:34:53,679  
哎  
  
806  
00:34:54,230 --> 00:34:55,790  
清淡者，胜利之品也  
  
807  
00:34:56,230 --> 00:34:57,150  
它就可以呢  
  
808  
00:34:57,790 --> 00:35:00,070  
这个我们讲叫淡渗利湿  
  
809  
00:35:01,290 --> 00:35:02,530  
但是你看啊  
  
810  
00:35:02,850 --> 00:35:04,890  
这个加减的奥妙就在这了  
  
811  
00:35:06,860 --> 00:35:10,700  
他又要配合一味药形成的三角形啊  
  
812  
00:35:11,700 --> 00:35:12,260  
配合谁  
  
813  
00:35:12,900 --> 00:35:13,260  
白猪  
  
814  
00:35:13,460 --> 00:35:15,060  
因此白珠是干什么的  
  
815  
00:35:16,310 --> 00:35:16,950  
定位的  
  
816  
00:35:18,350 --> 00:35:19,470  
我是立水了  
  
817  
00:35:19,950 --> 00:35:22,110  
我是单身离职了，立哪儿的水  
  
818  
00:35:23,580 --> 00:35:24,300  
膀胱的水  
  
819  
00:35:25,500 --> 00:35:26,140  
肺的水  
  
820  
00:35:27,060 --> 00:35:29,180  
三焦的水，都不是立体的水  
  
821  
00:35:30,390 --> 00:35:31,310  
利脾的水，干嘛  
  
822  
00:35:32,390 --> 00:35:33,310  
脾气散精  
  
823  
00:35:34,230 --> 00:35:35,030  
上输于肺  
  
824  
00:35:35,510 --> 00:35:37,590  
通调水道，下输膀胱  
  
825  
00:35:38,460 --> 00:35:40,700  
这样才能水精四布五经并行  
  
826  
00:35:40,700 --> 00:35:41,180  
明白了吧  
  
827  
00:35:41,500 --> 00:35:42,580  
因此，经方啊  
  
828  
00:35:42,580 --> 00:35:43,540  
咱不怕细抠  
  
829  
00:35:44,530 --> 00:35:45,930  
要对，也不怕拆解  
  
830  
00:35:46,410 --> 00:35:47,970  
越解越细，越解越精  
  
831  
00:35:49,090 --> 00:35:49,290  
哎  
  
832  
00:35:50,170 --> 00:35:50,570  
那么  
  
833  
00:35:51,620 --> 00:35:52,540  
每一味药啊  
  
834  
00:35:52,580 --> 00:35:54,100  
必有所指，贵啊  
  
835  
00:35:54,260 --> 00:35:55,980  
那么都都要把它搞清楚  
  
836  
00:35:56,660 --> 00:35:59,100  
额，因此这个的眼目啊  
  
837  
00:35:59,660 --> 00:36:00,220  
眼目  
  
838  
00:36:02,290 --> 00:36:03,690  
你还要清楚  
  
839  
00:36:04,450 --> 00:36:08,600  
仲景先是在原文里头告诉你呕吐而病在阁上啊  
  
840  
00:36:09,080 --> 00:36:09,640  
后死水  
  
841  
00:36:10,160 --> 00:36:12,160  
其实你不妨看看脉  
  
842  
00:36:13,840 --> 00:36:15,720  
如果是脾虚之象  
  
843  
00:36:17,370 --> 00:36:20,810  
他呕不呕吐，思不思水作为参考  
  
844  
00:36:21,780 --> 00:36:22,700  
是不是这个道理啊  
  
845  
00:36:22,900 --> 00:36:23,100  
哎  
  
846  
00:36:23,180 --> 00:36:25,700  
脾气不能舒转的这种情况  
  
847  
00:36:26,100 --> 00:36:28,300  
那么猪苓散就可借用  
  
848  
00:36:28,770 --> 00:36:30,410  
因此这块还有一个问题啊  
  
849  
00:36:30,410 --> 00:36:31,130  
我们说口渴  
  
850  
00:36:31,610 --> 00:36:34,530  
你如果纯从适方市政的角度  
  
851  
00:36:35,780 --> 00:36:37,020  
那么这里头  
  
852  
00:36:38,580 --> 00:36:41,200  
首先他没说小编厉不厉啊  
  
853  
00:36:41,600 --> 00:36:42,520  
那么小便不利呢  
  
854  
00:36:42,520 --> 00:36:43,880  
或许我们要用五苓散  
  
855  
00:36:44,480 --> 00:36:47,320  
但是烦渴者五苓散往往可用  
  
856  
00:36:47,480 --> 00:36:50,080  
因此有一家也曾经提出一个问题  
  
857  
00:36:50,080 --> 00:36:52,680  
为什么这个条不用五苓散而用猪苓散  
  
858  
00:36:53,120 --> 00:36:54,840  
我在这儿就说的很清楚  
  
859  
00:36:55,520 --> 00:36:57,640  
就这么一个原因啊  
  
860  
00:36:58,120 --> 00:37:00,040  
那么五苓散它是立膀胱  
  
861  
00:37:00,600 --> 00:37:01,720  
这个利的是谁啊  
  
862  
00:37:01,720 --> 00:37:02,240  
利的是脾  
  
863  
00:37:02,520 --> 00:37:03,040  
看见了吧  
  
864  
00:37:03,440 --> 00:37:04,240  
哎，就差这了  
  
865  
00:37:04,680 --> 00:37:06,960  
呃，膀胱气化不利也能口渴  
  
866  
00:37:07,700 --> 00:37:11,240  
脾呢不能舒转也能口渴啊  
  
867  
00:37:11,440 --> 00:37:13,720  
但是二者之间那一定是不一样的啊  
  
868  
00:37:15,760 --> 00:37:17,200  
在这是有所区别  
  
869  
00:37:19,800 --> 00:37:23,040  
好，我们接着往后啊  
  
870  
00:37:25,600 --> 00:37:30,080  
呃，后面这个四逆汤那么大家熟的不得了啊  
  
871  
00:37:32,260 --> 00:37:36,460  
在伤寒论中反复的跟大家见面了，呃  
  
872  
00:37:36,580 --> 00:37:37,660  
这一条文呢  
  
873  
00:37:38,230 --> 00:37:41,110  
原文实际上也是从伤寒论移过来的  
  
874  
00:37:41,750 --> 00:37:42,590  
但是在这呢  
  
875  
00:37:42,710 --> 00:37:44,590  
它也有它的价值啊  
  
876  
00:37:45,070 --> 00:37:47,130  
在这我个人认为，呃  
  
877  
00:37:47,330 --> 00:37:50,690  
这个并不简单，是让你用四逆汤的问题  
  
878  
00:37:51,250 --> 00:37:54,050  
这个也是告诉你出现了一个危喉  
  
879  
00:37:55,150 --> 00:37:55,430  
嗯  
  
880  
00:37:55,790 --> 00:37:57,230  
实际上说句实话啊  
  
881  
00:37:57,230 --> 00:37:58,710  
在临床中当医生啊  
  
882  
00:37:58,710 --> 00:38:00,910  
有的时候也挺不容易的呃  
  
883  
00:38:02,870 --> 00:38:03,630  
很多时候啊  
  
884  
00:38:03,630 --> 00:38:06,830  
你对这个疾病的转归，他是否变成危症  
  
885  
00:38:07,550 --> 00:38:07,750  
呃  
  
886  
00:38:08,550 --> 00:38:10,510  
咱都是人，也不是神仙是吧  
  
887  
00:38:10,550 --> 00:38:15,030  
那你呃，也难免有失误的或者判断不及时的时候  
  
888  
00:38:15,670 --> 00:38:15,910  
嗯  
  
889  
00:38:16,430 --> 00:38:17,630  
所以真的不容易  
  
890  
00:38:17,950 --> 00:38:20,940  
但这块啊，我们就要着力你  
  
891  
00:38:20,940 --> 00:38:24,980  
你看到伤寒论中包括金匮之中所有涉及到危象的地方  
  
892  
00:38:25,020 --> 00:38:25,980  
你一定要细抠  
  
893  
00:38:26,470 --> 00:38:29,350  
因为这些东西往往在临床中非常的实用啊  
  
894  
00:38:29,670 --> 00:38:30,910  
他这给你讲一个问题  
  
895  
00:38:31,620 --> 00:38:31,820  
呃  
  
896  
00:38:31,900 --> 00:38:33,220  
偶尔脉弱啊  
  
897  
00:38:33,340 --> 00:38:33,980  
偶尔脉弱  
  
898  
00:38:34,380 --> 00:38:36,580  
那么脉弱呢，说的是个啥问题呢  
  
899  
00:38:36,580 --> 00:38:38,140  
其实脉弱肯定胃气虚  
  
900  
00:38:39,350 --> 00:38:40,830  
因为他说呕了，对吧  
  
901  
00:38:41,150 --> 00:38:41,830  
强调偶了  
  
902  
00:38:42,230 --> 00:38:44,270  
那么脉弱肯定胃气虚  
  
903  
00:38:44,990 --> 00:38:45,870  
胃气虚呢  
  
904  
00:38:47,260 --> 00:38:48,340  
正常来说啊  
  
905  
00:38:48,340 --> 00:38:51,220  
我们说未以降为顺嘛，对吧  
  
906  
00:38:51,500 --> 00:38:52,580  
哎，以通降为顺  
  
907  
00:38:53,100 --> 00:38:56,150  
那么正常胃气虚的话啊  
  
908  
00:38:56,190 --> 00:39:03,170  
我们假设肯定他的水饮是不能够正常的  
  
909  
00:39:03,880 --> 00:39:04,080  
呃  
  
910  
00:39:04,480 --> 00:39:05,800  
宣发肃降的啊  
  
911  
00:39:05,800 --> 00:39:08,440  
他肯定会有一定的水逆之争啊  
  
912  
00:39:08,440 --> 00:39:10,280  
当然这个就是我们一个假设的问题  
  
913  
00:39:10,830 --> 00:39:13,590  
有水逆之症呢，往往会怎么样呢  
  
914  
00:39:13,630 --> 00:39:15,630  
当小便不利对不对啊  
  
915  
00:39:16,210 --> 00:39:17,410  
结果你看一个问题  
  
916  
00:39:18,130 --> 00:39:21,850  
呃，他说他突然间说这么一个事叫小便复利  
  
917  
00:39:23,330 --> 00:39:24,690  
同学们这里头就有事了  
  
918  
00:39:25,370 --> 00:39:26,930  
说明其实你就读书  
  
919  
00:39:26,970 --> 00:39:29,690  
你读的细不细，抠的细不细啊  
  
920  
00:39:30,290 --> 00:39:31,410  
小便复利  
  
921  
00:39:33,800 --> 00:39:35,800  
这块说话就很好玩了  
  
922  
00:39:36,080 --> 00:39:38,720  
他告诉你说，这个人恶心脉弱诶  
  
923  
00:39:38,720 --> 00:39:39,840  
突然小便又通了  
  
924  
00:39:40,720 --> 00:39:42,120  
言下之意是啥呀  
  
925  
00:39:43,410 --> 00:39:46,330  
是不是说很有可能之前曾经不通啊  
  
926  
00:39:47,200 --> 00:39:47,560  
对吧  
  
927  
00:39:48,200 --> 00:39:51,440  
那么曾经你看恶心脉弱小便又不通的人  
  
928  
00:39:51,440 --> 00:39:52,680  
突然之间小便通了  
  
929  
00:39:53,820 --> 00:39:54,340  
你说，哎呀  
  
930  
00:39:54,580 --> 00:39:55,420  
是不是又好了  
  
931  
00:39:57,110 --> 00:39:59,910  
不排除要好了，好或不好  
  
932  
00:39:59,990 --> 00:40:01,470  
你现在发现得看谁啊  
  
933  
00:40:02,190 --> 00:40:05,340  
你看看你不看脉能行吗  
  
934  
00:40:06,260 --> 00:40:09,860  
望闻问切，望闻问切切这个东西有的时候就是定海神针  
  
935  
00:40:11,220 --> 00:40:12,580  
就像罗盘上的那个针  
  
936  
00:40:12,900 --> 00:40:14,860  
你没有这个针，你拿罗盘有啥用啊  
  
937  
00:40:15,620 --> 00:40:16,180  
是不是啊  
  
938  
00:40:16,180 --> 00:40:17,900  
那最后一锤定音就得看这个  
  
939  
00:40:18,140 --> 00:40:19,300  
你看脉虚实啊  
  
940  
00:40:20,160 --> 00:40:20,960  
那这块啊  
  
941  
00:40:21,320 --> 00:40:23,280  
没说卖，但是言下之意  
  
942  
00:40:24,900 --> 00:40:26,140  
他脉肯定没根儿啊  
  
943  
00:40:26,140 --> 00:40:26,540  
为什么  
  
944  
00:40:26,540 --> 00:40:27,340  
你往下看吧  
  
945  
00:40:27,780 --> 00:40:28,500  
身有微热  
  
946  
00:40:29,530 --> 00:40:29,730  
哎  
  
947  
00:40:30,170 --> 00:40:30,850  
这个微热  
  
948  
00:40:31,770 --> 00:40:33,370  
那么说明一个问题  
  
949  
00:40:34,400 --> 00:40:35,360  
这热哪来的  
  
950  
00:40:35,600 --> 00:40:38,920  
他是不是就是一个阴盛隔阳之症啊  
  
951  
00:40:39,820 --> 00:40:40,700  
阴阳离绝了吧  
  
952  
00:40:41,500 --> 00:40:44,940  
因此这个小便利是不是说他要好了不是  
  
953  
00:40:45,700 --> 00:40:51,660  
而是因为就是少阴病里头提肛症也讲过以下焦虚  
  
954  
00:40:51,740 --> 00:40:53,100  
有寒不能治水吧  
  
955  
00:40:54,200 --> 00:40:55,480  
亡阳故也对不对  
  
956  
00:40:55,840 --> 00:40:56,840  
就这么一个问题啊  
  
957  
00:40:56,960 --> 00:40:59,920  
所以这个时候身材出现了微热  
  
958  
00:41:00,480 --> 00:41:01,760  
同时健手足厥  
  
959  
00:41:01,800 --> 00:41:04,720  
你看身在热伤寒论里有个特别好玩的事吧  
  
960  
00:41:05,040 --> 00:41:06,320  
少阴病，你再热  
  
961  
00:41:06,360 --> 00:41:08,120  
你再带阳症，你再隔阳  
  
962  
00:41:08,940 --> 00:41:09,700  
你再呕逆  
  
963  
00:41:10,540 --> 00:41:11,860  
他手脚一定是凉的  
  
964  
00:41:12,680 --> 00:41:13,400  
发现了没有  
  
965  
00:41:13,960 --> 00:41:14,160  
哎  
  
966  
00:41:14,440 --> 00:41:16,560  
手脚，那你说老师他手脚如果热了呢  
  
967  
00:41:16,560 --> 00:41:18,040  
热就说明是太阴了是吧  
  
968  
00:41:18,160 --> 00:41:19,160  
他不是少阴了  
  
969  
00:41:19,360 --> 00:41:20,400  
少阴一定手脚凉  
  
970  
00:41:21,040 --> 00:41:23,710  
那么这个时候证明你咋办  
  
971  
00:41:24,070 --> 00:41:25,950  
回阳救逆吧，啊  
  
972  
00:41:26,030 --> 00:41:27,830  
那就这个就没有别的办法啊  
  
973  
00:41:27,830 --> 00:41:28,750  
就是回阳救逆  
  
974  
00:41:29,250 --> 00:41:29,450  
呃  
  
975  
00:41:29,610 --> 00:41:30,250  
怎么回阳  
  
976  
00:41:30,290 --> 00:41:34,890  
这个我们无数次的给大家讲过伤寒论中两张方的合方  
  
977  
00:41:36,000 --> 00:41:36,520  
对不对啊  
  
978  
00:41:37,000 --> 00:41:37,200  
呃  
  
979  
00:41:37,360 --> 00:41:39,440  
一个是所谓昼日烦躁，不得眠  
  
980  
00:41:39,440 --> 00:41:40,400  
夜而安静不呕  
  
981  
00:41:40,400 --> 00:41:41,080  
不可无表症  
  
982  
00:41:41,080 --> 00:41:42,280  
脉沉为身无大热者  
  
983  
00:41:42,280 --> 00:41:42,720  
什么汤  
  
984  
00:41:43,640 --> 00:41:43,840  
哎  
  
985  
00:41:43,840 --> 00:41:45,760  
很好，干姜附子汤主治对不对啊  
  
986  
00:41:46,000 --> 00:41:48,800  
那集这个这积极回阳之方啊  
  
987  
00:41:49,240 --> 00:41:52,200  
那么一个是这个甘草干姜汤  
  
988  
00:41:53,190 --> 00:41:55,110  
伤寒论第29条，我们当时讲过吧  
  
989  
00:41:55,430 --> 00:41:55,630  
哎  
  
990  
00:41:55,990 --> 00:41:58,610  
这个这个甘草干姜汤以复其阳嘛  
  
991  
00:41:59,010 --> 00:42:00,490  
那么这两张王合到一起  
  
992  
00:42:00,650 --> 00:42:02,400  
它就有一个妙用啊  
  
993  
00:42:02,400 --> 00:42:03,040  
又有一个妙用  
  
994  
00:42:03,040 --> 00:42:03,720  
什么妙用呢  
  
995  
00:42:04,120 --> 00:42:04,720  
附子啊  
  
996  
00:42:05,040 --> 00:42:06,960  
本身就可回肾阳  
  
997  
00:42:08,470 --> 00:42:09,150  
干姜呢  
  
998  
00:42:09,550 --> 00:42:10,190  
守而不走  
  
999  
00:42:10,230 --> 00:42:11,190  
又可回脾阳  
  
1000  
00:42:11,990 --> 00:42:14,530  
脾肾之阳，那么补了之后  
  
1001  
00:42:14,570 --> 00:42:15,490  
但是有一个问题  
  
1002  
00:42:15,530 --> 00:42:17,530  
为什么这阵要把它俩合起来  
  
1003  
00:42:17,530 --> 00:42:18,410  
要把甘草加上  
  
1004  
00:42:18,850 --> 00:42:21,250  
很简单，甘草味甘  
  
1005  
00:42:21,730 --> 00:42:24,290  
我们讲味甘，味至甘草而疾  
  
1006  
00:42:25,370 --> 00:42:26,330  
以入脾土  
  
1007  
00:42:27,600 --> 00:42:28,120  
这样呢  
  
1008  
00:42:28,320 --> 00:42:32,920  
才可以把在外之被革之羊  
  
1009  
00:42:34,350 --> 00:42:36,830  
使之从外入内，对不对啊  
  
1010  
00:42:37,230 --> 00:42:37,430  
哎  
  
1011  
00:42:37,510 --> 00:42:39,790  
由外入内，归根于肾  
  
1012  
00:42:41,210 --> 00:42:42,530  
所以相对来说  
  
1013  
00:42:42,570 --> 00:42:44,810  
我们说，那你那在临床上  
  
1014  
00:42:45,570 --> 00:42:47,810  
额，附子干姜附子汤  
  
1015  
00:42:48,910 --> 00:42:49,270  
对吧  
  
1016  
00:42:49,830 --> 00:42:52,350  
这个和这个四逆汤都可以回沈阳差  
  
1017  
00:42:52,350 --> 00:42:56,150  
那真的就是一个甘草能缓解附子之毒吗  
  
1018  
00:42:57,090 --> 00:42:59,290  
然后干将再用，量量大一点  
  
1019  
00:42:59,290 --> 00:42:59,970  
不是那样  
  
1020  
00:43:00,410 --> 00:43:06,260  
他真正区别四逆汤其实有了一个鲜明的引阳入阴  
  
1021  
00:43:07,180 --> 00:43:10,870  
将隔阳回回于内的这个用法  
  
1022  
00:43:11,230 --> 00:43:13,190  
因此这一张方有很多时候  
  
1023  
00:43:13,550 --> 00:43:17,430  
我们广泛的应用于很多这个心脏疾病啊  
  
1024  
00:43:17,430 --> 00:43:18,190  
就上周的事  
  
1025  
00:43:18,190 --> 00:43:22,300  
我一学生给我发信息加老人啊  
  
1026  
00:43:22,380 --> 00:43:24,180  
这个家，老人这个出现了心衰  
  
1027  
00:43:24,580 --> 00:43:26,660  
然后之前用过炙甘草汤  
  
1028  
00:43:26,660 --> 00:43:28,710  
因为那个时候结带脉特别强啊  
  
1029  
00:43:28,710 --> 00:43:29,590  
用它纠正一下  
  
1030  
00:43:29,870 --> 00:43:31,430  
然后问我说下一步怎么办  
  
1031  
00:43:31,430 --> 00:43:33,150  
我说下一步怎么办，我不知道  
  
1032  
00:43:33,390 --> 00:43:34,150  
你得看脉  
  
1033  
00:43:35,010 --> 00:43:35,810  
我就问了他  
  
1034  
00:43:35,810 --> 00:43:40,220  
我说你着重看一下量尺有没有麦，有没有根啊  
  
1035  
00:43:40,380 --> 00:43:43,980  
回去然后告诉我说这个老师我看了一下就确实没有  
  
1036  
00:43:43,980 --> 00:43:45,300  
我说那你还想啥呀  
  
1037  
00:43:45,660 --> 00:43:47,420  
马上四逆汤用上吧  
  
1038  
00:43:47,780 --> 00:43:48,620  
然后这个时候啊  
  
1039  
00:43:48,660 --> 00:43:50,620  
因为它它脉有无根之象嘛  
  
1040  
00:43:50,980 --> 00:43:54,200  
那么这个这个这个这个呃  
  
1041  
00:43:54,340 --> 00:43:56,260  
我给他加了几个药啊  
  
1042  
00:43:56,300 --> 00:43:57,660  
加了几个药给你捣鼓捣鼓  
  
1043  
00:43:57,820 --> 00:44:01,420  
那么那么就是我经常用的一个用法前跟大家说过，对吧  
  
1044  
00:44:02,080 --> 00:44:03,120  
首先是私密套  
  
1045  
00:44:06,360 --> 00:44:12,480  
浆腐甘草是不是由于这个阳气不能内敛  
  
1046  
00:44:13,160 --> 00:44:14,400  
那是不是得加龙母啊  
  
1047  
00:44:17,640 --> 00:44:21,080  
气血不足你就得加深是不是固元气  
  
1048  
00:44:21,640 --> 00:44:24,560  
那么你看四逆加参汤这里头有吧  
  
1049  
00:44:25,040 --> 00:44:26,440  
同时还得加谁啊  
  
1050  
00:44:26,680 --> 00:44:27,200  
加肉桂  
  
1051  
00:44:28,480 --> 00:44:30,320  
以这个紫油桂为上啊  
  
1052  
00:44:31,960 --> 00:44:32,880  
紫油桂为上  
  
1053  
00:44:34,240 --> 00:44:36,560  
这是我自己用的一个一个一个用法啊  
  
1054  
00:44:36,560 --> 00:44:37,720  
你看现在几个药了  
  
1055  
00:44:38,460 --> 00:44:41,060  
起胃药了是不是还有一个情况  
  
1056  
00:44:41,140 --> 00:44:43,300  
特殊情况重点看一下左麦  
  
1057  
00:44:44,480 --> 00:44:45,960  
这是我的一个习惯用法  
  
1058  
00:44:45,960 --> 00:44:48,360  
如果左脉微弱  
  
1059  
00:44:49,240 --> 00:44:54,180  
马上山于以固脱山芋，必须用50克以上  
  
1060  
00:44:55,280 --> 00:44:55,720  
对不对  
  
1061  
00:44:56,200 --> 00:44:58,680  
这是那个张锡纯功的用法啊  
  
1062  
00:44:59,360 --> 00:45:00,640  
那么一共几味药  
  
1063  
00:45:00,640 --> 00:45:04,780  
你查查八味药，这个我给他定了个名字  
  
1064  
00:45:04,780 --> 00:45:06,380  
这是我常用的用法啊  
  
1065  
00:45:08,760 --> 00:45:12,560  
我给他定了一个名字叫巴卫  
  
1066  
00:45:27,140 --> 00:45:27,940  
还阳饮  
  
1067  
00:45:36,020 --> 00:45:39,060  
八倍还阳饮或者叫大环氧饮  
  
1068  
00:45:40,170 --> 00:45:40,370  
哎  
  
1069  
00:45:40,450 --> 00:45:43,170  
那么这个你你你你怎么叫都行啊  
  
1070  
00:45:43,170 --> 00:45:46,320  
这是我常用的111个用法啊  
  
1071  
00:45:46,600 --> 00:45:48,440  
那么跟这个就就也合得上了  
  
1072  
00:45:48,720 --> 00:45:50,640  
但是你还要看有没有割据之相  
  
1073  
00:45:51,070 --> 00:45:53,030  
面色赤者加葱酒净是吧  
  
1074  
00:45:53,270 --> 00:45:54,910  
咱们讲通麦斯逆的用法啊  
  
1075  
00:45:55,230 --> 00:45:56,870  
在这就不再赘述了  
  
1076  
00:45:58,160 --> 00:45:58,400  
好  
  
1077  
00:45:58,400 --> 00:45:59,760  
我们接着接着往下看  
  
1078  
00:46:00,480 --> 00:46:02,400  
呃，今天讲的最后一个条文啊  
  
1079  
00:46:02,600 --> 00:46:05,870  
小柴胡汤这张处方呢  
  
1080  
00:46:06,030 --> 00:46:08,670  
实际上我们熟得不得了  
  
1081  
00:46:09,470 --> 00:46:15,670  
而且第15条实际上也出现于伤寒论的军篇啊  
  
1082  
00:46:15,670 --> 00:46:17,150  
我们讲这个这个  
  
1083  
00:46:18,860 --> 00:46:21,820  
偶尔发热者，那么偶尔发热呢  
  
1084  
00:46:21,900 --> 00:46:23,700  
实际上，呃  
  
1085  
00:46:23,820 --> 00:46:25,060  
它就是小柴胡汤  
  
1086  
00:46:25,780 --> 00:46:29,420  
最简短但是也最经典的一个条纹  
  
1087  
00:46:29,920 --> 00:46:31,440  
相对于96条对吧  
  
1088  
00:46:31,440 --> 00:46:34,930  
96条人家讲的非常的丰满啊  
  
1089  
00:46:35,050 --> 00:46:36,930  
伤寒56日，中风往来寒热  
  
1090  
00:46:36,930 --> 00:46:38,690  
胸胁苦满，脉脉不运食  
  
1091  
00:46:38,730 --> 00:46:40,210  
心烦喜呕是吧  
  
1092  
00:46:40,750 --> 00:46:43,310  
呃，这个或胸中烦热布偶等等等啊  
  
1093  
00:46:43,670 --> 00:46:46,750  
小柴胡汤还有若干霍然症，讲的很丰满  
  
1094  
00:46:47,240 --> 00:46:50,920  
但是在临床中你说但见一证便是对吧  
  
1095  
00:46:51,280 --> 00:46:53,480  
它能不能都长齐了不一定  
  
1096  
00:46:53,880 --> 00:46:57,360  
但是往往出现频率最高的就是发热而呕  
  
1097  
00:46:58,910 --> 00:47:00,070  
所以这块啊  
  
1098  
00:47:00,390 --> 00:47:01,870  
我们与其说讲小柴胡  
  
1099  
00:47:02,230 --> 00:47:05,510  
不如说是重新审视一下伤寒和金贵啊  
  
1100  
00:47:05,550 --> 00:47:07,190  
这条我不给你讲方了  
  
1101  
00:47:07,190 --> 00:47:09,990  
因为这个我们已经讲得不厌其烦了啊  
  
1102  
00:47:10,920 --> 00:47:13,920  
不如重新审视一下伤寒和金贵的关系  
  
1103  
00:47:36,780 --> 00:47:38,420  
在我们复课之时啊  
  
1104  
00:47:38,580 --> 00:47:40,860  
那么我们再次重新理顺一下  
  
1105  
00:47:41,540 --> 00:47:43,460  
你看一个偶尔发热  
  
1106  
00:47:49,720 --> 00:47:51,760  
其实人思考问题呢  
  
1107  
00:47:52,600 --> 00:47:54,520  
呃，用我们的说法呢  
  
1108  
00:47:54,520 --> 00:47:57,200  
那就是用不同的思维体系  
  
1109  
00:47:57,910 --> 00:47:58,670  
老话呢  
  
1110  
00:47:58,670 --> 00:48:00,110  
叫做释法，对不对啊  
  
1111  
00:48:00,630 --> 00:48:00,830  
哎  
  
1112  
00:48:00,870 --> 00:48:03,150  
那么同样一个问题  
  
1113  
00:48:03,430 --> 00:48:06,260  
从伤寒的角度能解决  
  
1114  
00:48:06,880 --> 00:48:09,320  
很可能从金匮的角度也能解决  
  
1115  
00:48:09,760 --> 00:48:12,080  
但是二者之间呢，有所不同啊  
  
1116  
00:48:12,480 --> 00:48:15,520  
我们说伤寒，它以六经为立论  
  
1117  
00:48:16,680 --> 00:48:18,960  
我们就是讲这个伤寒金贵的问题啊  
  
1118  
00:48:20,940 --> 00:48:26,020  
这是一个比较落地的一个说法  
  
1119  
00:48:26,620 --> 00:48:30,180  
那么伤寒它一定是以六经为例论  
  
1120  
00:48:33,020 --> 00:48:33,620  
金贵呢  
  
1121  
00:48:34,500 --> 00:48:35,940  
他一定是以谁啊  
  
1122  
00:48:37,040 --> 00:48:38,320  
五脏或者叫脏腑  
  
1123  
00:48:38,400 --> 00:48:41,740  
其实就是五脏啊，你你这个还不能从  
  
1124  
00:48:42,420 --> 00:48:44,300  
为啥非得说是强调五脏  
  
1125  
00:48:44,940 --> 00:48:47,620  
因为一个是五，一个一个是五  
  
1126  
00:48:47,660 --> 00:48:48,300  
一个是六  
  
1127  
00:48:49,100 --> 00:48:49,660  
没错吧  
  
1128  
00:48:50,140 --> 00:48:51,300  
五和六的体系  
  
1129  
00:48:51,460 --> 00:48:55,980  
这个古人，你不要觉得古中医就是一个很蒙昧很糙的东西  
  
1130  
00:48:56,230 --> 00:49:00,110  
它实际上我早就说过来于古人之天文历法象  
  
1131  
00:49:00,150 --> 00:49:01,550  
数理的推演  
  
1132  
00:49:01,670 --> 00:49:02,270  
是不是啊  
  
1133  
00:49:02,530 --> 00:49:04,970  
天人合一，你除非你说你不信天人合一  
  
1134  
00:49:05,540 --> 00:49:06,940  
那那那那咱别聊啊  
  
1135  
00:49:06,940 --> 00:49:10,140  
那咱别聊你那个，你再研究研究别的吧  
  
1136  
00:49:10,140 --> 00:49:12,380  
反正我们中医过去都是这么研究啊  
  
1137  
00:49:12,860 --> 00:49:15,380  
那么六星和五武藏啊  
  
1138  
00:49:15,380 --> 00:49:19,260  
那么这两个体系，当然我们师门过去的传承啊  
  
1139  
00:49:19,380 --> 00:49:22,340  
那么我的师傅沈先生啊  
  
1140  
00:49:22,800 --> 00:49:24,720  
这个公开的这个说法  
  
1141  
00:49:25,040 --> 00:49:26,520  
那么就是六经  
  
1142  
00:49:26,600 --> 00:49:30,980  
实际上他讲的内里的道理是气脉  
  
1143  
00:49:31,740 --> 00:49:32,980  
而这个五脏呢  
  
1144  
00:49:33,320 --> 00:49:37,680  
他是官窍，是不是这个现在呃也被公开出来啊  
  
1145  
00:49:37,720 --> 00:49:39,000  
那么这七脉和官窍  
  
1146  
00:49:39,610 --> 00:49:42,170  
呃，因此同样一个偶尔发热  
  
1147  
00:49:42,760 --> 00:49:44,480  
你从这个角度啊  
  
1148  
00:49:44,520 --> 00:49:47,600  
气脉的角度，那么发热发热是啥呀  
  
1149  
00:49:47,640 --> 00:49:49,080  
烧热降火是不是  
  
1150  
00:49:49,840 --> 00:49:50,080  
哎  
  
1151  
00:49:50,120 --> 00:49:52,920  
啥样项目叫偶，为啥偶  
  
1152  
00:49:53,400 --> 00:49:54,320  
因为感动  
  
1153  
00:49:57,180 --> 00:50:02,500  
克土是不是所以他二者之间有没有矛盾啊  
  
1154  
00:50:04,070 --> 00:50:05,110  
殊途同归  
  
1155  
00:50:07,120 --> 00:50:08,200  
对不对  
  
1156  
00:50:08,760 --> 00:50:11,150  
呃，古人还有说法啊  
  
1157  
00:50:11,350 --> 00:50:14,150  
这个我在这就不说的更多，呃  
  
1158  
00:50:14,270 --> 00:50:16,070  
古人的说法认为伤寒金贵啊  
  
1159  
00:50:16,190 --> 00:50:18,500  
实则一也啊  
  
1160  
00:50:18,660 --> 00:50:21,180  
我借用我师傅的说法，那就是一体两端  
  
1161  
00:50:21,500 --> 00:50:22,700  
就是一个东西的两头  
  
1162  
00:50:22,700 --> 00:50:23,780  
你从哪个方向去看  
  
1163  
00:50:24,140 --> 00:50:27,150  
因此中医我个人认为啊  
  
1164  
00:50:27,470 --> 00:50:30,710  
就是流派和流派之间没有必要厚此薄彼  
  
1165  
00:50:31,590 --> 00:50:33,590  
比如伤寒和温病，对不对  
  
1166  
00:50:34,470 --> 00:50:36,950  
没有必要互相谁谁谁看不起谁啊  
  
1167  
00:50:37,190 --> 00:50:39,910  
很多东西只是你从哪个角度看问题的问题  
  
1168  
00:50:40,230 --> 00:50:42,070  
横看成岭侧成峰啊  
  
1169  
00:50:42,070 --> 00:50:45,250  
那么你都能一样都能解决问题啊  
  
1170  
00:50:46,140 --> 00:50:48,460  
一个小小的偶尔发热啊  
  
1171  
00:50:48,500 --> 00:50:50,860  
那么呃，给大家看一下这个思考  
  
1172  
00:50:51,380 --> 00:50:51,580  
呃  
  
1173  
00:50:51,940 --> 00:50:54,290  
那么呃，这个呢  
  
1174  
00:50:55,010 --> 00:50:58,050  
其实还有一个不同的  
  
1175  
00:50:59,750 --> 00:51:00,190  
用法  
  
1176  
00:51:00,550 --> 00:51:02,150  
因为我们说，既然谈到气脉  
  
1177  
00:51:03,070 --> 00:51:05,910  
气脉啊，相对来说啊  
  
1178  
00:51:06,110 --> 00:51:07,790  
相对来说，呃  
  
1179  
00:51:09,420 --> 00:51:10,860  
还是回归到我们第一讲  
  
1180  
00:51:10,860 --> 00:51:12,780  
当时给大家讲的绪论的那个问题  
  
1181  
00:51:12,780 --> 00:51:13,340  
还记得吧  
  
1182  
00:51:13,460 --> 00:51:14,820  
我们第一讲讲绪论的问题啊  
  
1183  
00:51:15,470 --> 00:51:16,110  
气脉呢  
  
1184  
00:51:16,470 --> 00:51:19,310  
那么就是一条气脉能连接好几个脏腑  
  
1185  
00:51:20,390 --> 00:51:22,470  
就是它的走形是比较广的  
  
1186  
00:51:22,860 --> 00:51:23,700  
但是官窍呢  
  
1187  
00:51:23,700 --> 00:51:24,420  
也就是脏腑呢  
  
1188  
00:51:24,420 --> 00:51:25,740  
它的位置是比较具体的  
  
1189  
00:51:26,300 --> 00:51:28,300  
因此我当时说过一句话  
  
1190  
00:51:28,300 --> 00:51:30,020  
我不知道大家还记不记得了  
  
1191  
00:51:31,180 --> 00:51:32,340  
我曾经说过一个问题  
  
1192  
00:51:33,980 --> 00:51:38,070  
伤寒呐，是异病同治的典范  
  
1193  
00:51:42,860 --> 00:51:43,460  
还记得吗  
  
1194  
00:51:44,580 --> 00:51:45,180  
金匮呢  
  
1195  
00:51:45,900 --> 00:51:46,380  
反之  
  
1196  
00:51:48,380 --> 00:51:51,300  
叫同病异治的典范  
  
1197  
00:51:53,680 --> 00:51:53,880  
哎  
  
1198  
00:51:54,160 --> 00:51:55,200  
同病异治的典范  
  
1199  
00:51:55,800 --> 00:51:59,160  
因此相对来说，伤寒论六经体系  
  
1200  
00:51:59,800 --> 00:52:05,690  
它的这个这个这个这个治疗啊眼目  
  
1201  
00:52:06,250 --> 00:52:08,530  
临床应用任何一张方  
  
1202  
00:52:09,450 --> 00:52:11,170  
它的适用性比较强  
  
1203  
00:52:11,750 --> 00:52:13,230  
就是我，我同样一个小青龙  
  
1204  
00:52:13,230 --> 00:52:14,830  
你说我小青龙到底值多少平  
  
1205  
00:52:15,290 --> 00:52:17,130  
我过去曾经看过一个调查  
  
1206  
00:52:17,170 --> 00:52:19,290  
说是小柴胡，小柴胡能治  
  
1207  
00:52:19,370 --> 00:52:22,090  
说是能治64还是46，我忘了啊  
  
1208  
00:52:22,290 --> 00:52:24,390  
种疾病，我跟你说句实话  
  
1209  
00:52:24,390 --> 00:52:25,510  
我看都不看  
  
1210  
00:52:27,230 --> 00:52:29,990  
你能治46种疾病我相信  
  
1211  
00:52:30,990 --> 00:52:34,030  
但是你必须得按照小柴胡的规则  
  
1212  
00:52:35,170 --> 00:52:38,050  
你别说46对吧  
  
1213  
00:52:38,650 --> 00:52:39,690  
你再多也行  
  
1214  
00:52:39,970 --> 00:52:41,690  
但问题是你不按他规则  
  
1215  
00:52:43,200 --> 00:52:44,560  
六种四种都治不了  
  
1216  
00:52:45,120 --> 00:52:46,920  
一种都治不了，你得按照规矩来  
  
1217  
00:52:47,080 --> 00:52:49,560  
因此这个叫同病异治啊  
  
1218  
00:52:50,040 --> 00:52:50,800  
金贵则不同  
  
1219  
00:52:50,880 --> 00:52:51,360  
金贵呢  
  
1220  
00:52:51,360 --> 00:52:55,070  
那么我们说，既然这个这个这个这个这个同病异治啊  
  
1221  
00:52:55,070 --> 00:52:56,790  
他的以观测这一论  
  
1222  
00:52:56,950 --> 00:52:58,510  
以五脏为立脚点  
  
1223  
00:52:58,950 --> 00:53:01,600  
它的特异性是比较强的啊  
  
1224  
00:53:01,600 --> 00:53:04,880  
我们过去你比如说瓜络谢白半夏汤，对吧  
  
1225  
00:53:05,120 --> 00:53:06,520  
他就是奔着这个胸壁啊  
  
1226  
00:53:06,520 --> 00:53:08,880  
我们讲的心脏病奔那去的啊  
  
1227  
00:53:09,260 --> 00:53:11,460  
它的位置是是是是，比较有特点  
  
1228  
00:53:11,620 --> 00:53:13,700  
包括我们今天说的这个这个，呃  
  
1229  
00:53:14,100 --> 00:53:15,180  
比如说小白虾汤  
  
1230  
00:53:15,500 --> 00:53:17,100  
那它就是对胃区的  
  
1231  
00:53:18,160 --> 00:53:22,250  
当然你也可以用小半夏汤去处理别的问题啊  
  
1232  
00:53:22,530 --> 00:53:24,410  
那是你，你你自己的应用  
  
1233  
00:53:24,570 --> 00:53:25,650  
但是它原始历法  
  
1234  
00:53:26,050 --> 00:53:26,930  
它的特异性  
  
1235  
00:53:27,550 --> 00:53:29,310  
你看到呕吐，你就去用它啊  
  
1236  
00:53:29,830 --> 00:53:31,190  
因此这是二者的区别  
  
1237  
00:53:31,190 --> 00:53:32,230  
在，呃  
  
1238  
00:53:32,310 --> 00:53:34,510  
今天呢，我们由于刚刚恢复课程啊  
  
1239  
00:53:34,790 --> 00:53:37,950  
带着大家重新梳理一下他的思路和结构  
  
1240  
00:53:38,610 --> 00:53:38,810  
呃  
  
1241  
00:53:39,090 --> 00:53:40,890  
时间呢，也差不多了啊  
  
1242  
00:53:41,810 --> 00:53:42,570  
今天的课呀  
  
1243  
00:53:42,570 --> 00:53:48,680  
咱们就先进行到这儿呕吐禹夏利这一篇啊  
  
1244  
00:53:48,680 --> 00:53:52,160  
第十期我计划用三次课给大家讲完啊  
  
1245  
00:53:52,460 --> 00:53:53,820  
后面的课可能不多  
  
1246  
00:53:53,900 --> 00:53:56,540  
我估计再上十次左右吧  
  
1247  
00:53:56,820 --> 00:53:59,220  
咱们能把这本金匮要略彻底的结束  
  
1248  
00:53:59,610 --> 00:53:59,810  
呃  
  
1249  
00:53:59,970 --> 00:54:00,450  
当然了  
  
1250  
00:54:00,530 --> 00:54:01,890  
沉淀了这半年  
  
1251  
00:54:02,450 --> 00:54:03,290  
呃，首先呢  
  
1252  
00:54:03,410 --> 00:54:05,440  
非常这个抱歉啊  
  
1253  
00:54:05,440 --> 00:54:07,440  
让大家久等了啊  
  
1254  
00:54:07,480 --> 00:54:08,800  
但是不管怎么说啊  
  
1255  
00:54:09,200 --> 00:54:14,040  
春暖花开终有日，我们再次的进行呃金贵的一同学习  
  
1256  
00:54:14,360 --> 00:54:15,200  
呃，这半年呢  
  
1257  
00:54:15,200 --> 00:54:17,520  
我个人呢，也有很多新的感悟  
  
1258  
00:54:17,990 --> 00:54:20,150  
呃，而且有一个好消息告诉大家啊  
  
1259  
00:54:20,150 --> 00:54:23,430  
那么就是呃，伤寒药语这个书啊  
  
1260  
00:54:23,810 --> 00:54:27,550  
那么今年有望能够公开面试出版，呃  
  
1261  
00:54:27,630 --> 00:54:29,710  
其中呢，我也写了一篇序言  
  
1262  
00:54:29,870 --> 00:54:32,590  
并且把我的这个呃当时跟大家说过，啊  
  
1263  
00:54:32,590 --> 00:54:34,330  
这个走马歌啊  
  
1264  
00:54:34,370 --> 00:54:36,850  
那么伏在了他的序言之中  
  
1265  
00:54:37,250 --> 00:54:37,450  
呃  
  
1266  
00:54:37,810 --> 00:54:41,780  
共同见证我们一同的成长吧，啊  
  
1267  
00:54:41,780 --> 00:54:44,500  
那么今天的课呢，就先到这谢谢大家啊